

#### 2017 SEARCA PROFESSORIAL CHAIR



#### CASIANA BLANCA J. VILLARINO, Ph.D.

Department of Food Science and Nutrition College of Home Economics, UP Diliman 19 March 2018



# Food technology

The application of food science and related fields in post harvest handling, preparation, processing, packaging, storage and distribution for the improvement of **food security** and well being of *individuals*, *families and institutions*. It includes the social, cultural, economic, managerial and environmental aspects of **food systems** (FST Section, FSN Department 2003)



#### **Nutrition 230**

- Food science and nutrition topics related to food systems,
   food security and food safety.
- Elective course for graduate students from the DFSN and other departments of CHE



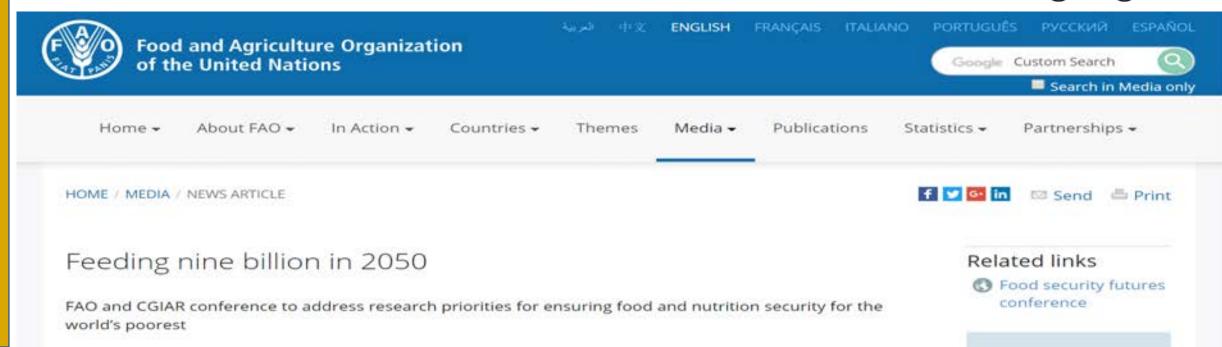


REVIEW

#### Food Security: The Challenge of Feeding 9 Billion People

H. Charles J. Godfray, 1\* John R. Beddington, 2 Ian R. Crute, 3 Lawrence Haddad, 4 David Lawrence, 5 Iames F. Muir, 6 Jules Pretty, 7 Sherman Robinson, 8 Sandy M. Thomas, 9 Camilla Toulmin 10

12 FEBRUARY 2010 VOL 327 SCIENCE www.sciencemag.org





# Challenge of feeding 142 million Filipinos in 2045



#### **OUTLINE**

- INTRODUCTION
- CHALLENGES
- OPPORTUNITIES
- SUMMARY
- ACKNOWLEDGMENTS
- REFERENCES

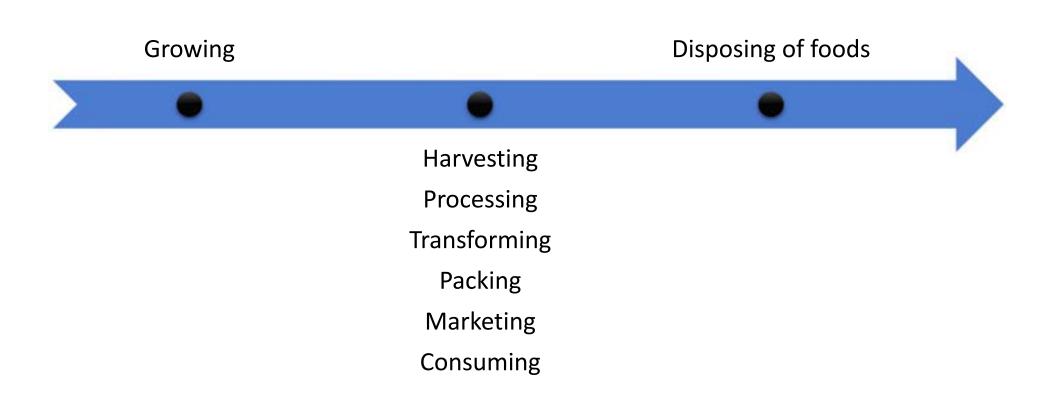
## WHAT ARE FOOD SYSTEMS?





#### **FOOD SYSTEMS**

• Include all stages of keeping populations fed (Welvaert, 2016):

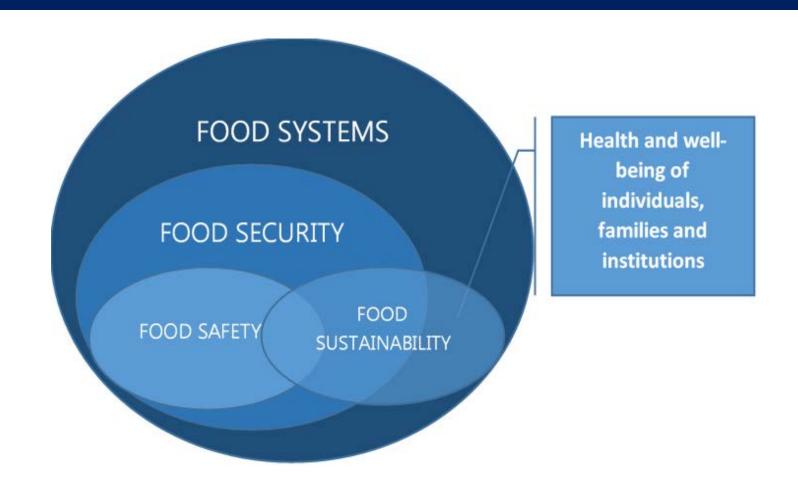




#### **FOOD SYSTEMS**

- A broader perspective of food systems involve:
- ✓ interactions between and within biogeophysical and human environments
- ✓ the activities themselves
- √ the outcomes of these activities (contributions to food security, environmental security and social welfare)
- ✓ other determinants of food security





Villarino, unpublished



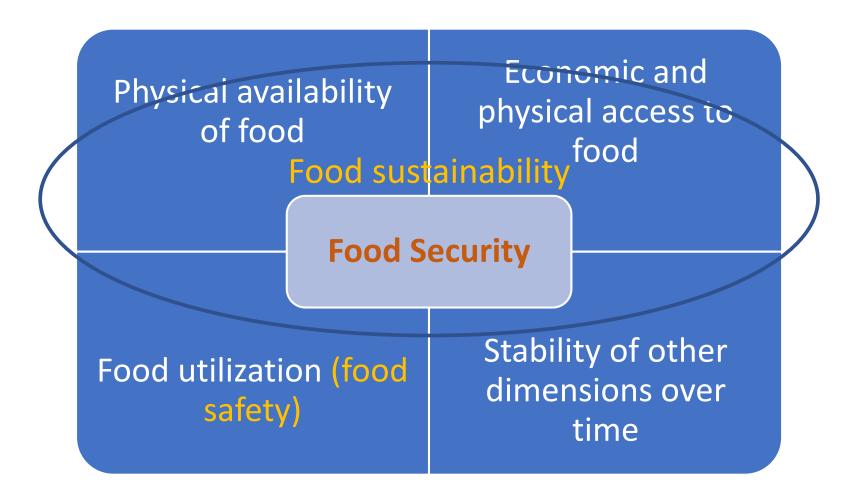
- Important elements of the 17 SDGs of the UN (UN, 2015)
- Goals 2 & 12
- Important role in the other goals due to interrelationships of these goals





• Food systems must achieve and maintain the FS<sup>3</sup> not only to safeguard the health and well-being of individuals but their immediate environment, i.e., families and institutions, for the benefit of national and global communities.





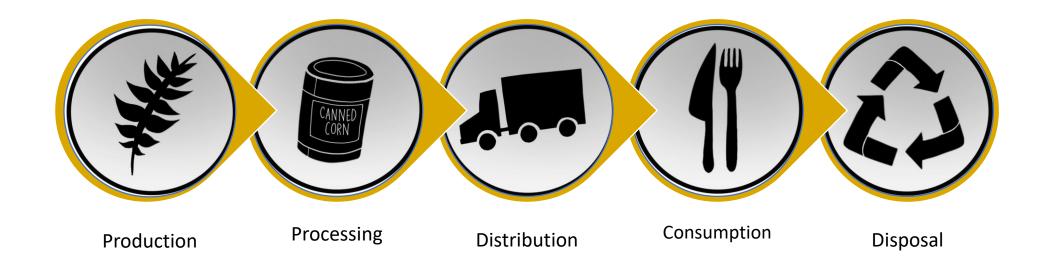


Linear

Circular

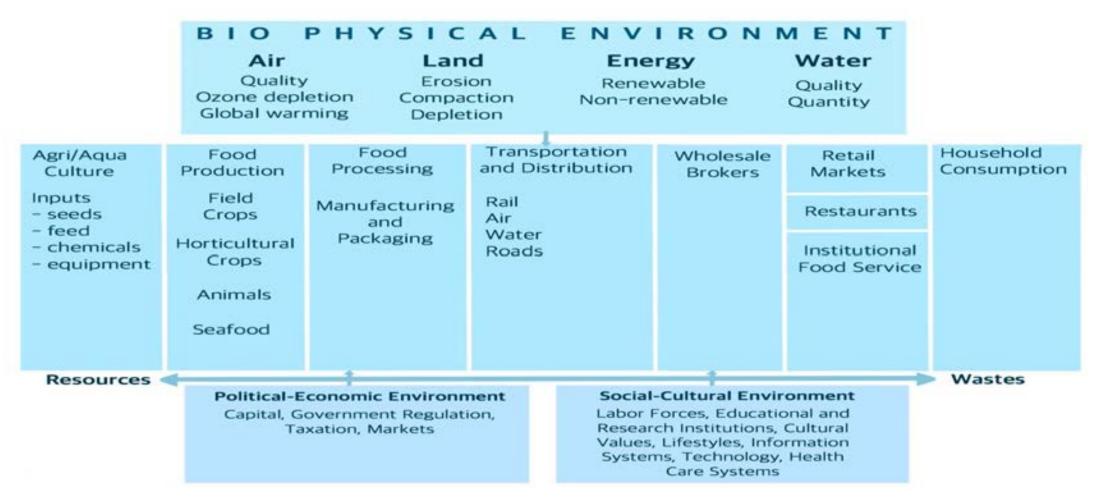
Combined





Linear model of food systems (based on abridged definition of Welvaert, 2016)





Linear model of food systems (Kickbusch, 2010)



- Income

- Wealth

- Employment



Linear model of food systems adapted from Ericksen (2008)

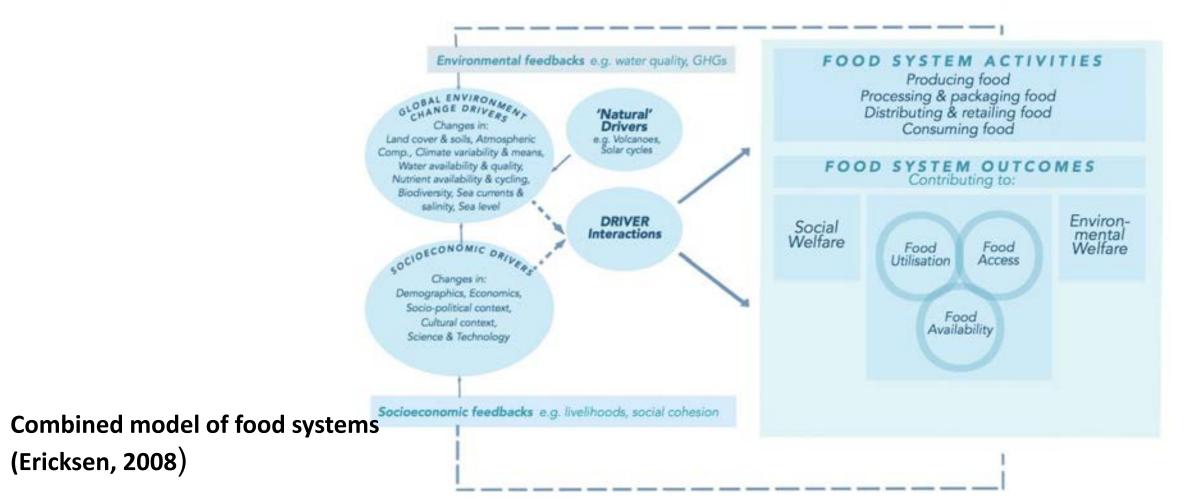






**Circular models of food systems** 







### **TYPES OF FOOD SYSTEMS**





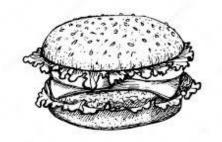


Mixed

**Traditional** 







Modern







Individual

Physical
Psychological
Physiological
Social
Economic
FACTORS





Life experiences



- Individual
  - Drives the market

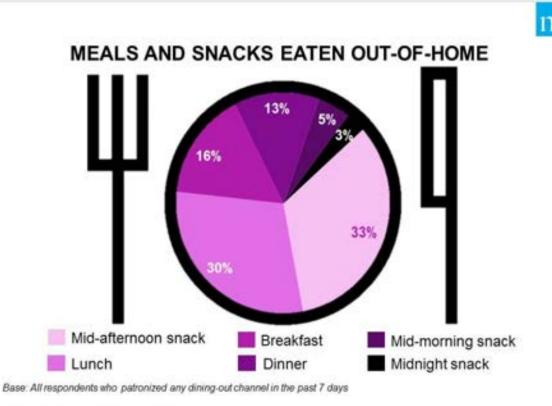
# FILIPINOS FLOCK TO FASTFOOD RESTAURANTS AND CONVENIENCE STORES TO GET THEIR MEALS

**DEMOGRAPHICS** | 12-19-2014

There are now fewer shopping baskets containing food items that need to be cooked at home as Filipinos go to fast food restaurants and convenience stores to grab a meal.



#### Individual



TOP 5 OUT-OF-HOME DINING CHANNELS IN THE PAST 3
MONTHS IN METRO MANILA

QUICK SERVICE
RESTAURANTS

CONVENIENCE
STORES

NEIGHBORHOOD
BAKERIES

DOUGHNUT SHOPS
EATERIES

Source: The Nielsen Foodie Report 2017

Copyright © 2017 The Nielsen Company, LLC. All rights reserved.

Source: The Nielsen Foodie Report 2017

Copyright © 2017 The Nielsen Company, LLC. All rights reserved.



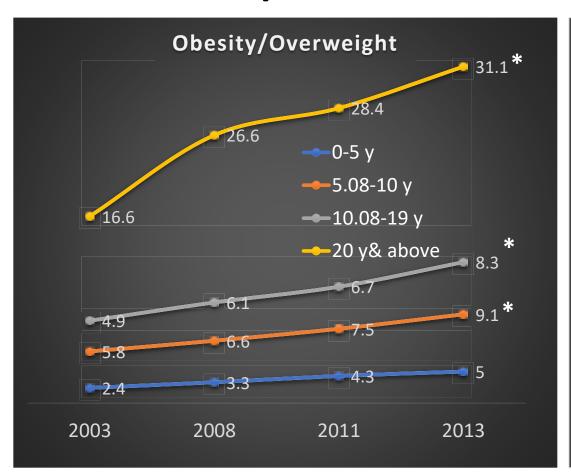
Individual

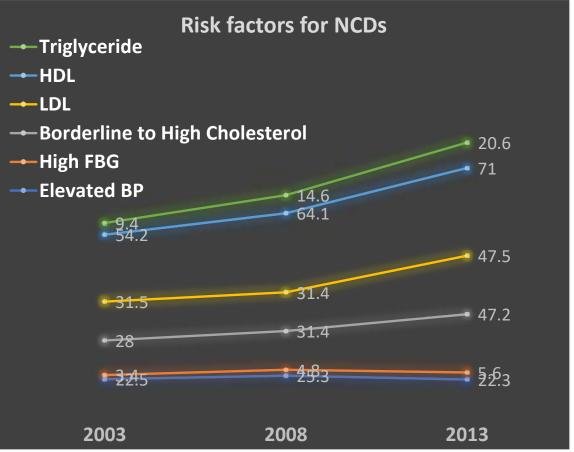


COUNTRIES THAT EXCEED GLOBAL AVERAGE	
MALAYSIA	51%
TAIWAN	50%
VIETNAM	48%
INDONESIA	44%
CHINA	43%
SINGAPORE	43%
HONG KONG	38%
THAILAND	38%
INDIA	36%
GERMANY	34%
PHILIPPINES	30%
MEXICO	30%
PAKISTAN	29%



• Trends in Filipinos' nutritional and health status (FNRI, 2015)







• Ten leading causes of deaths in 2013 (PSA, 2016)

65% of deaths caused by NCDs

Diseases of the heart

Diseases of the vascular system

Malignant neoplasms

Pneumonia

Accidents

Diabetes mellitus

**Tuberculosis** 

Chronic lower respiratory diseases

Nephritis, nephrotic syndrome

Certain conditions originating in perinatal period



 Ten leading causes morbidity in 2013 (PSA, 2016)

Acute respiratory infection

ALTRI & pneumonia

Hypertension

**Bronchitis** 

Influenza

Urinary tract infection

Acute water diarrhea

TB respiratory

Acute febrile illness

Dengue fever



#### Individual



#### Health is Filipinos' top personal concern for 3 years now - Pulse Asia

As for urgent national concerns, stable prices of commodities and improving workers' pay top Filipinos' list, according to the national survey in December

Jodesz Gavilan @jodeszgavilan

Published 7:23 PM, January 11, 2016 Updated 12:23 PM, January 12, 2016

Fortified with micronutrients

High in protein and dietary fiber

More fruits and vegetables

Non-GMO

No artificial colors and flavors

Low in cholesterol, salt, fat, sugar & CHO

**HEALTHY ATTRIBUTES OF FOOD FILIPINOS ARE LOOKING FOR (Nielsen, 2015)** 

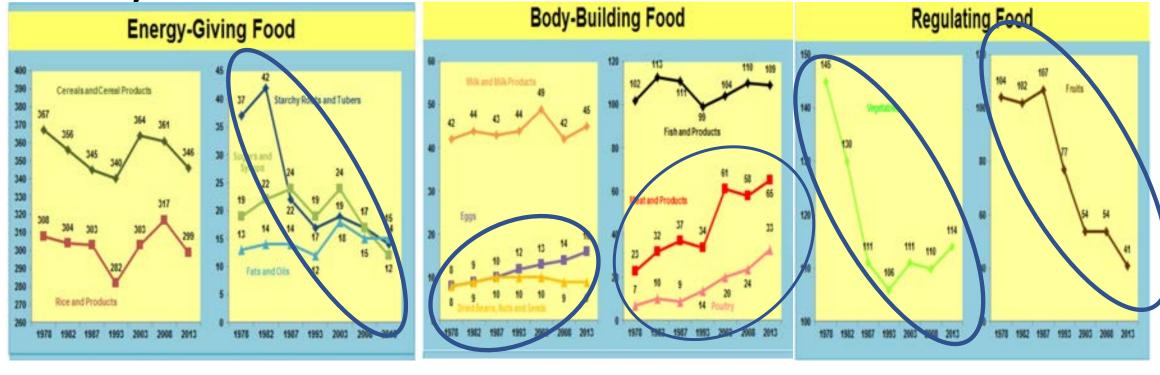


- Household
  - **Extension of the individual level**





 Trends in Filipino household consumption pattern (1978-2013)



Starchy roots and tubers

Eggs

Meat & poultry

Vegetable

**Fruits** 



#### Household

❖ More than 1/3 of Filipino households take their meals outside their homes (FNRI, 2015)





Household

More and more Filipino households "eat out" or consume food prepared away from home (FAFH) (Rufino, 2015)



































#### Local

- Farm to the consumer or to institutions in the same geographic location as the farm
- Food reaches the users without travelling too far or does not go through various levels of marketing i.e., middlemen in processing, packaging, transporting and selling



- Local
  - Locavores-eat food from local sources
  - **❖** Farm to table









Local

Benefits from consuming locally sourced foods (Martinez, 2010)

potential to positively impact the local economy

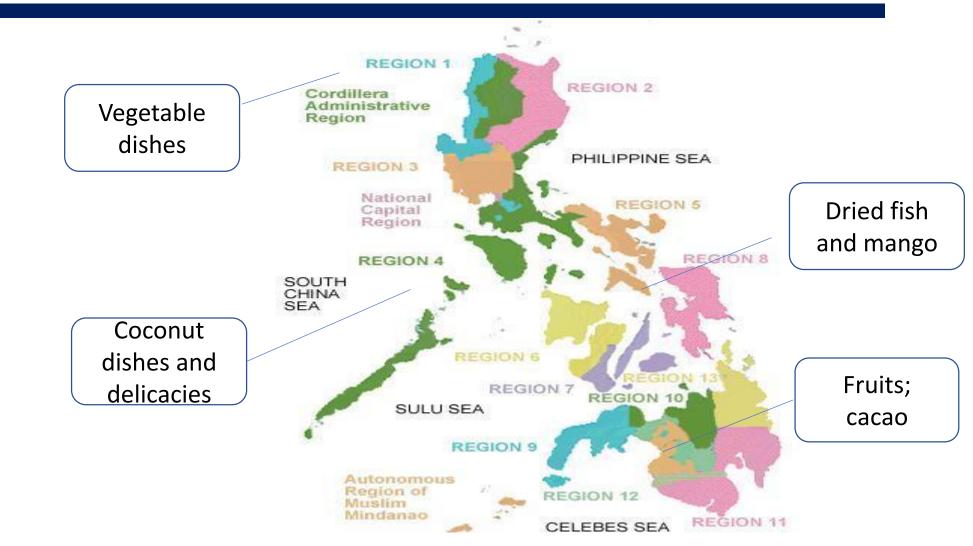
health benefits from improved nutrition, obesity prevention, and reduced risk of chronic dietrelated disease

reduction of food insecurity in the community

Less GHGs due to less food miles and energy use



Regional





#### National

- Managed by the government and involves laws, policies and standards on food
- ❖DA, DOH, DOST, DTI
- \*Food Safety Act of 2013 (RA 10611, 2013), an "Act to strengthen the food safety regulatory system in the country to protect consumer health and facilitate market access of local foods and food products, and for other purposes".



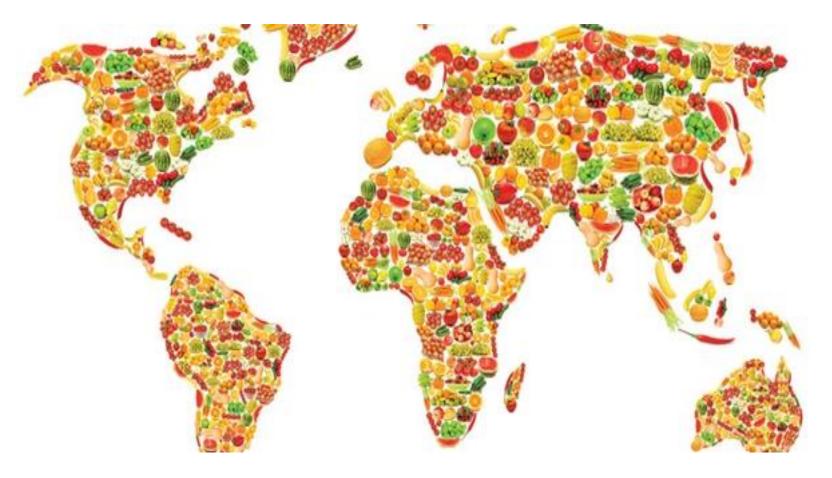
- National
  - May also be described by agriculture and culture







Global



Source: https://www.foodsafetymagazine.com/magazine-archive1/junejuly-2014/ifte28099s-global-food-traceability-center-untangling-the-food-supply-chain/

#### **Global Supply Chain Complexity**



bleached wheat flour malted barley flour thiamine riboflavin Niacin folic acid reduced iron Water corn syrup sesame seeds soybean oil Yeast Salt calcium sulfate calcium carbonate calcium silicate

soy flour baking soda wheat gluten calcium propionate enzyme mono- and diglycerides diacetyl tartaric acid esters ethanol sorbitol polysorbate 20 potassium propionate sodium stearoyl lactylate com starch ammonium chloride ammonium sulfate calcium peroxide ascorbic acid azodicarbonamide

Milk milkfat Water cream sodium citrate salt sodium phosphate sorbic acid artificial color



Cucumbers water Vinegar Salt

water
Vinegar
Salt
calcium chloride
Alum
natural flavorings
polysorbate 80
turmeric



USDA inspected beef

Soybean oil pickles distilled vinegar water egg yolks HF corn syrup sugar

onion powder corn syrup spice spice extractives salt xanthan gum mustard flour prop. glycol alginate sodium benzoate potassium sorbate

mustard bran garlic powder hydrolyzed proteins caramel color paprika Turmeric calcium disodium EDTA





lettuce



dehydrated onions

Grill Seasoning Salt Pepper cottonseed oil soybean oil



©2009 National Center for Food Protection and Defense. All rights reserved. Do not copy or distribute without permission of NCFPD.

NATIONAL CENTER FOR

FOOD PROTECTION AND DEFENSE

A HOMELAND SECURITY CENTER OF EXCELLENCE

#### Globalizing the Cheeseburger



Vinegar

Argentina Australia Austria

Belgium

Brazil

Canada

China

Chile

Colombia

Denmark

Dom. Rep

France

Germany

Greece

Hong Kong

Israel Italy

Japan S. Korea

Lebanon Peru

Poland

Portugal Serbia

Philippines

Russia S. Africa

Singapore

Spain

Sweden

Turkey

Taiwan U.K.

Garlic Powder

Brazil Canada

China

Germany

India Israel

Japan

S. Korea

Mexico

Australia

Japan

New Zealand

Guatemala

Morocco

Israel

Tomatoes

Belgium

Canada

Colombia

Costa Rica

Dom. Rep.

Mexico

Netherlands

New Zealand

Poland

Spain

Beef

Canada

Chile

Costa Rica

Honduras

Mexico

Nicaragua

Uruguay



Wheat Gluten Australia

Belgium

Canada

China

Czech Rep.

France

Germany

Kazakhstan

Lithuania

Netherlands

Poland

Russia

Switzerland

Thailand

U.K.

@2009 National Center for Food Protection and Defense. All rights reserved. Do not copy or distribute without permission of NCFPD. NATIONAL CENTER FOR

FOOD PROTECTION AND DEFENSE

A HOMELAND SECURITY CENTER OF EXCELLENCE

# WHAT ARE THE CHALLENGES IN PHILIPPINE FOOD SYSTEMS?





#### **CHALLENGES**

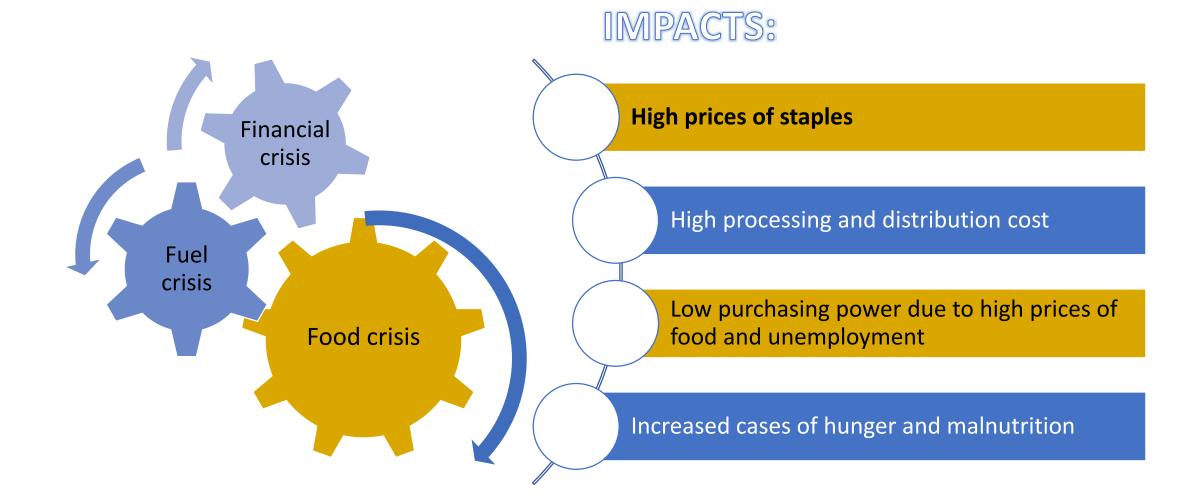
- Economic Issues
- Environmental Issues
- Political Issues
- Social Issues



#### **ECONOMIC ISSUES**

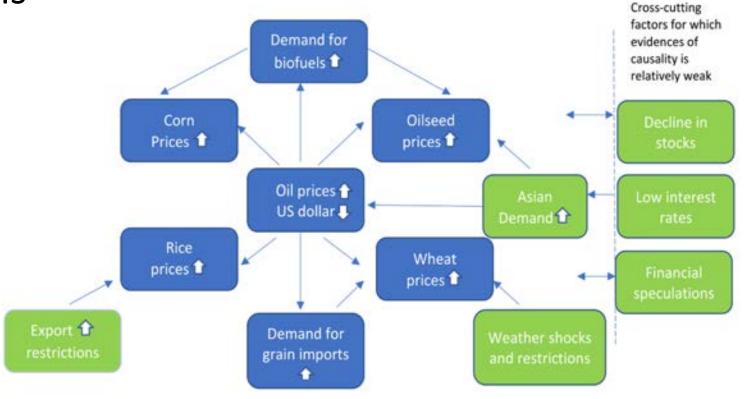
The 3GF (food, fuel and financial) crises of 2008
Rise of the middle class
Urbanization
International trade







• Food crisis

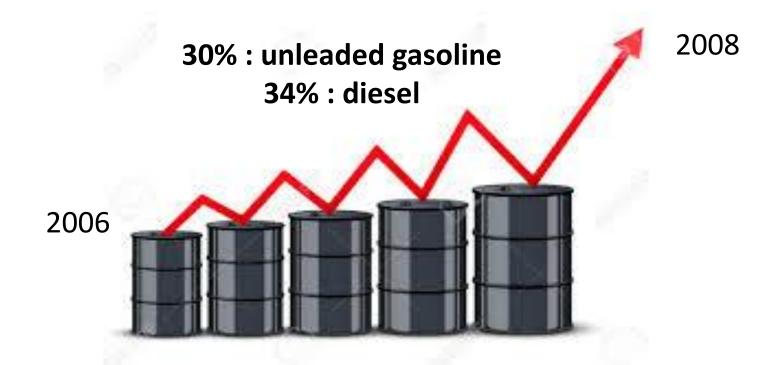


The "near-perfect storm" model of the global food crisis (Headey and Fan, 2010)

Note: Boxes in green denote less significant, crop-specific causes. The rise in oil prices and decline of the US dollar are shown together because they are universal factors that may be causally related



- Fuel crisis
  - Stagnation in global production of oil and strong demand (Hamilton, 2009)





• Financial crisis



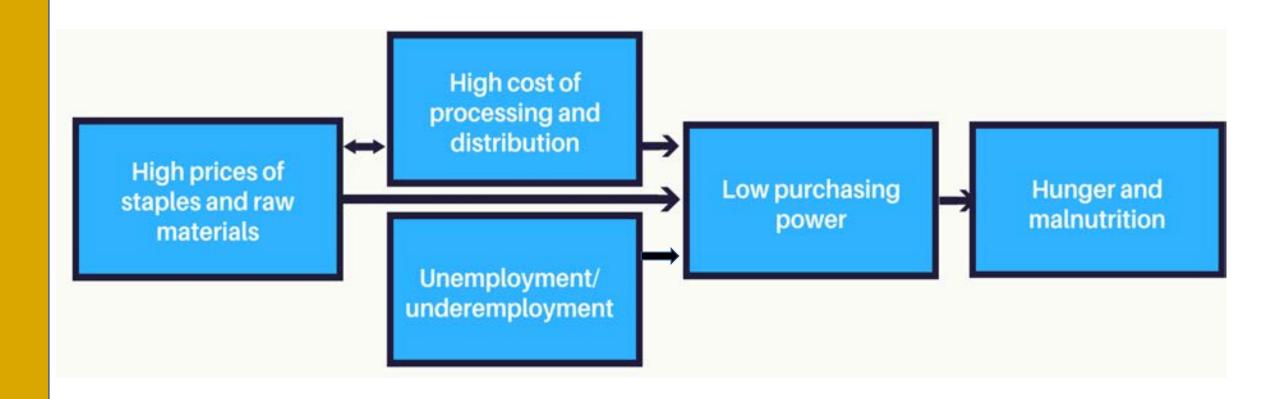


• Financial crisis



- Loss of livelihood
- GDP growth 7.1% to 3.8%
- Remittances of OFW affected





The interrelated impacts of the 2008 3GF (global financial, food and fuel) crises on Philippine food systems (constructed by the author)







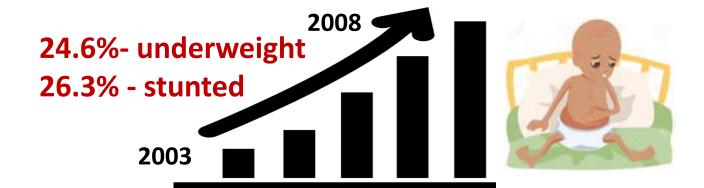




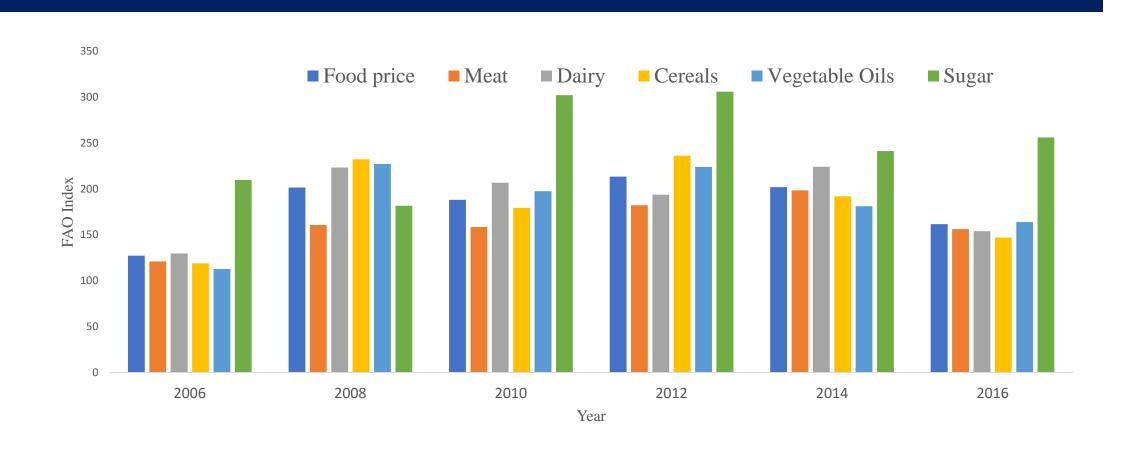
#### **GLOBAL HUNGER INDEX**

16.23 (2007) & 14.0 (2008)



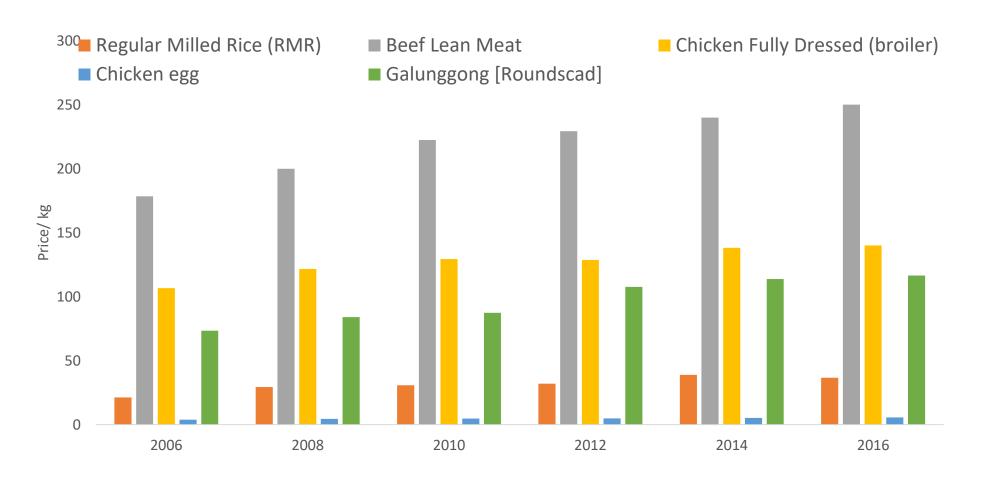






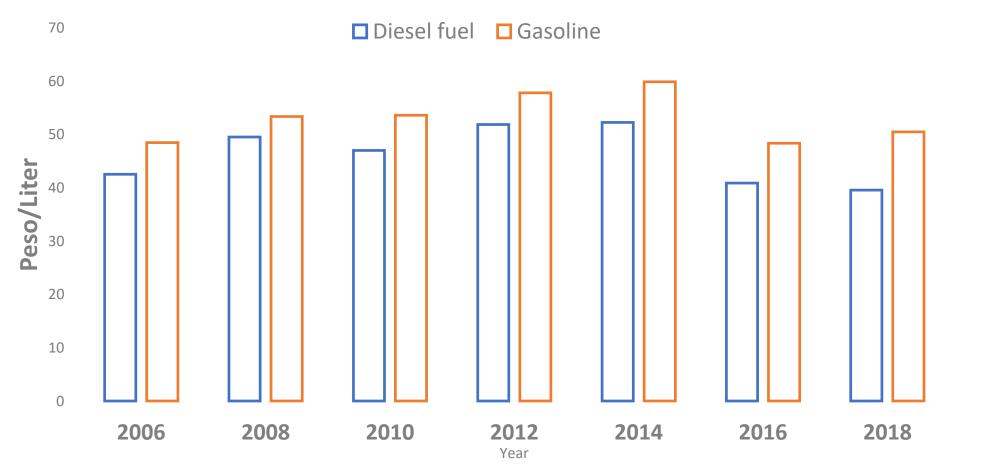
The FAO food price index and specific commodity indices (FAO, 2018)





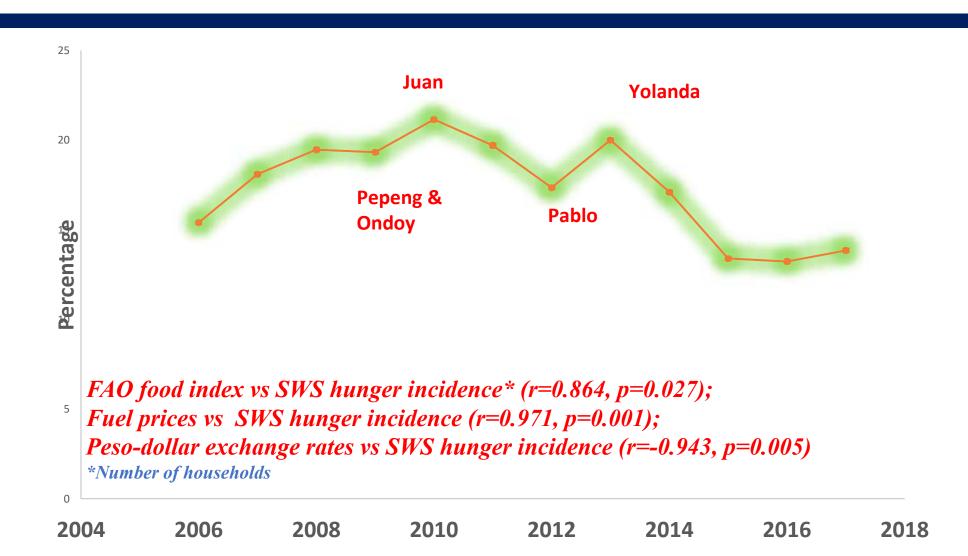
The average retail price of food commodities in the Philippines from 2006 to 2016 (PSA, 2018)





Pump prices of diesel fuel and gasoline from 2006 to 2018 (Word Bank, 2018; DOE, 2018)







## TRAIN TAXLAW



Lowering the Personal Income Tax (PIT)



Simplifying the Estate and Donor's Tax



Expanding the Value-Added Tax (VAT) Base



Increasing the Excise Tax of Petroleum Products



Increasing the Excise Tax of Automobiles

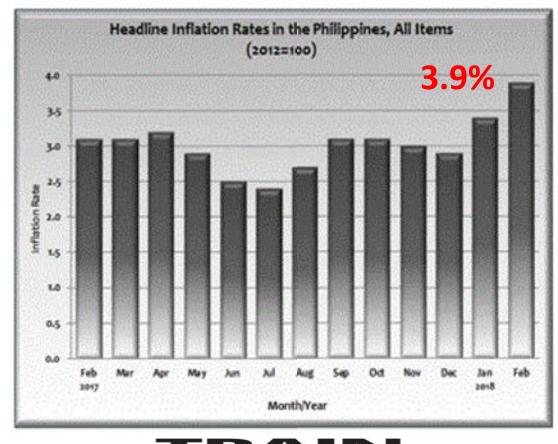


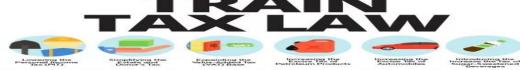
Introducing the Increase the Tax of Sugar-Sweetened Beverages

TAX REFORM FOR ACCELERATION AND INCLUSION













#### NEDA PUSHES FOR MEASURES TO CURB INFLATION

Home > Economic Reports Headlines media releases News > NEDA PUSHES FOR MEASURES TO CURB INFLATION



Recommend 15

March 6, 2018

MANILA – Measures to curb inflation and cushion its impact on the poor are urgently needed, the National Economic and Development Authority said, as the inflation rate for February 2018 reached the upper band of the government's target.

The Philippine Statistics Authority reported that February 2018 inflation was at 3.9 percent, with faster increases in the price of food and non-alcoholic beverages (4.8%), transport (5.8%), alcoholic beverages and tobacco (16.9%), furnishing, household equipment, and routine maintenance of the house (2.5%), restaurant and miscellaneous goods and services (2.5%), and clothing and footwear (2.0%).



While still within the 2.0-4.0 percent target of the government, Socioeconomic Planning Secretary Ernesto M. Pernia said that the government should remain vigilant and prepared to implement measures that will mitigate the upside risks to inflation.

"The transitory impact of the TRAIN Law and the continued depreciation of the Philippine peso will mainly influence price movements in the coming months, and we must ensure that mitigating measures should be in place", the NEDA official said. (NEDA, 2018)



## BSP raises 2018 inflation forecast to 4.3%

By: Ben O. de Vera- Reporter / @bendeveraINQ Philippine Daily Inquirer / 05:30 AM February 09, 2018

The Bangko Sentral ng Pilipinas expects inflation to average 4.3 percent this year and breach the 2-4 percent projected range due to the impact on consumer prices of the first tax reform package and the expected oil price hikes.

LATEST STORIES MOST READ

Hyundai's pick for frigate system 'not bad for Navy'









#### About AmBisyon Natin 2040

AmBisyon Natin 2040 represents the collective long-term vision and aspirations of the Filipino people for themselves and for the country in the next 25 years. It describes the kind of life that people want to live, and how the country will be by 2040. As such, it is an anchor for development planning across at least four administrations.

330 participants and 42 FGDs June 5 to August 5, 2015





#### Realizing the AmBisyon



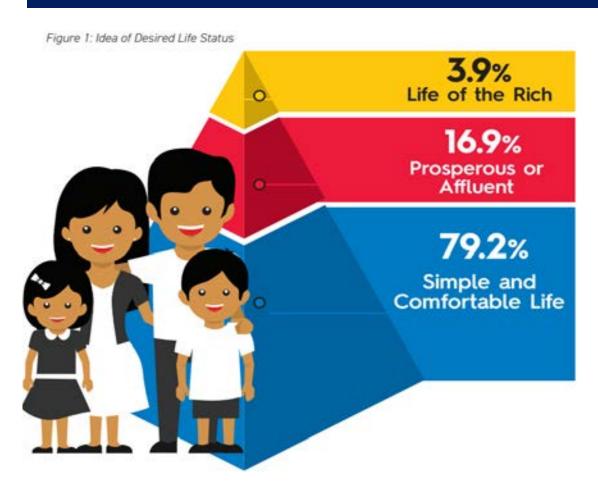
All sectors of society, whether public or private, should direct their efforts towards creating opportunities for Filipinos to enjoy a *matatag, maginhawa at panatag na buhay*. Government, in particular, must use its tools of fiscal, monetary and regulatory policies to steer the development path towards enabling Filipinos to attain their **AmBisyon**. This pertains to all dimensions of development: economic, human and physical capital, institutional, social and cultural.

**By 2040**, the Philippines is a prosperous middle class society where no one is poor. People live long and healthy lives and are smart and innovative. The country is a high-trust society where families thrive in vibrant, culturally diverse, and resilient communities.

Filipinos live in a prosperous, predominantly middle class society where no one is poor.





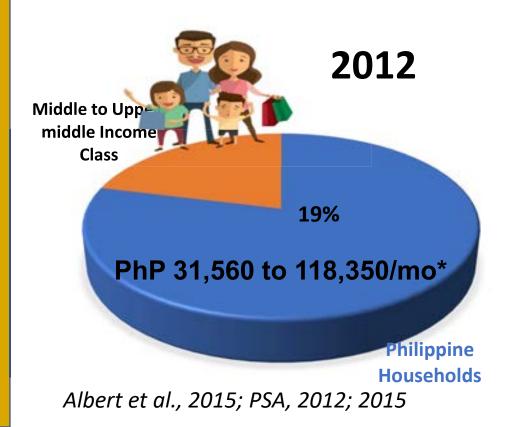


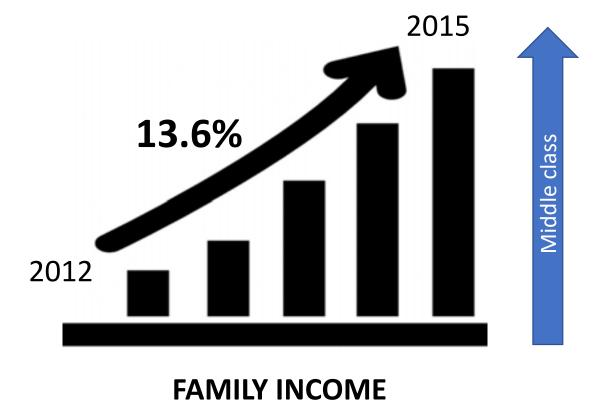


Source: https://www.rappler.com/business/economy-watch/137891-ideal-monthly-income-neda-2040-vision



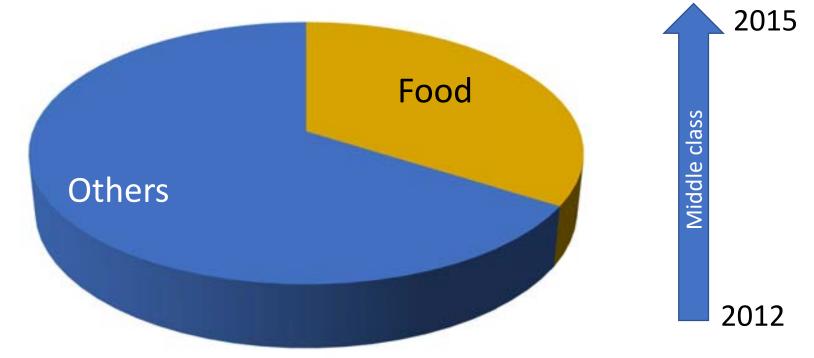
Filipino middle class households





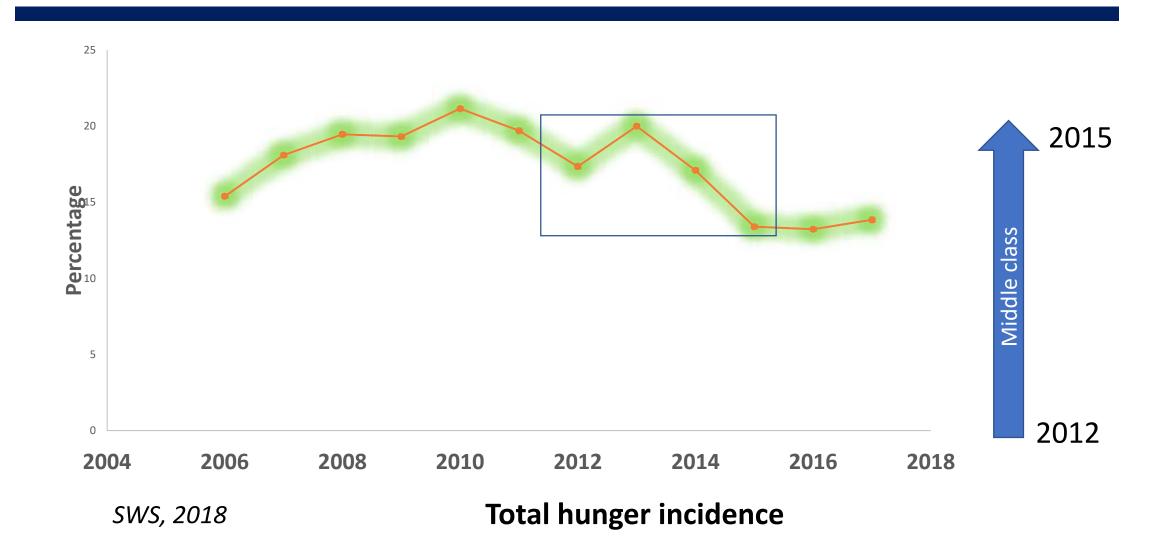


Filipino families' food expenditure



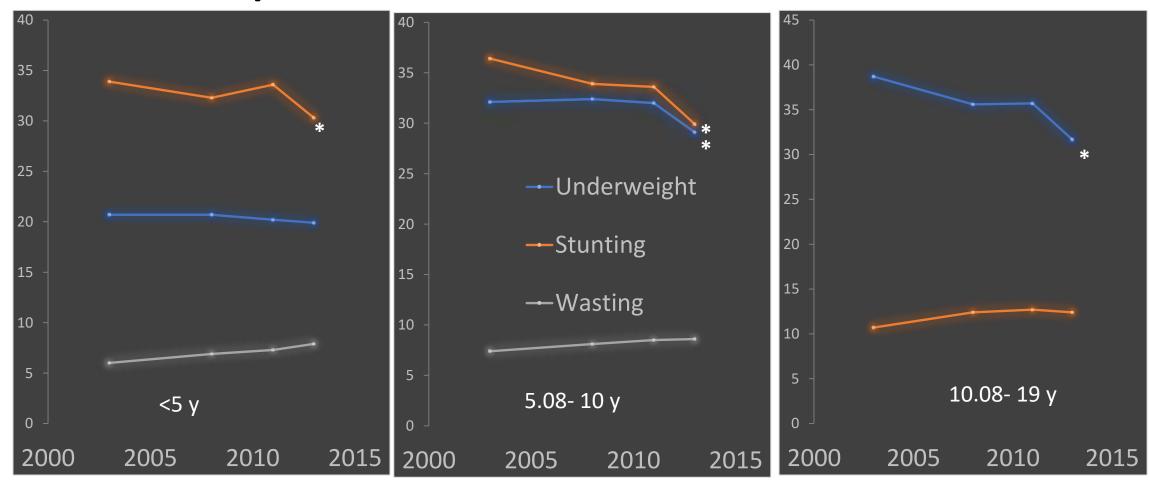
Percentage of total income





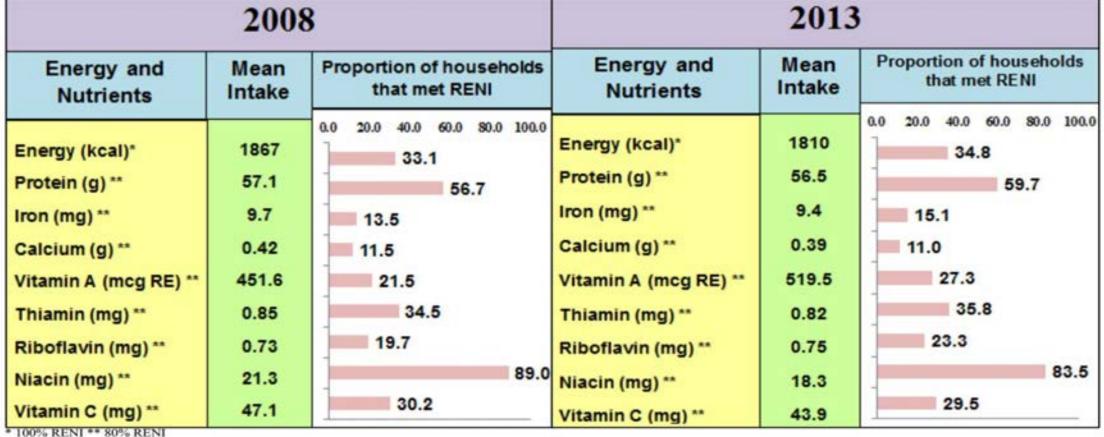


• Trends in Filipinos' nutritional status (FNRI, 2015)





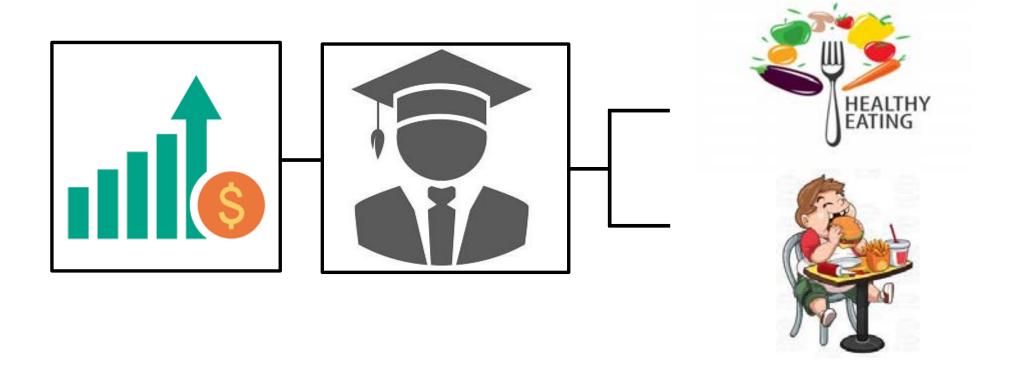
• Trends in Filipino household's dietary intakes (FNRI, 2015)



Note: Using 2002 RENI

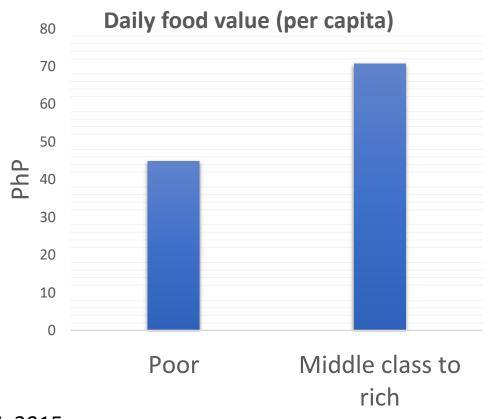


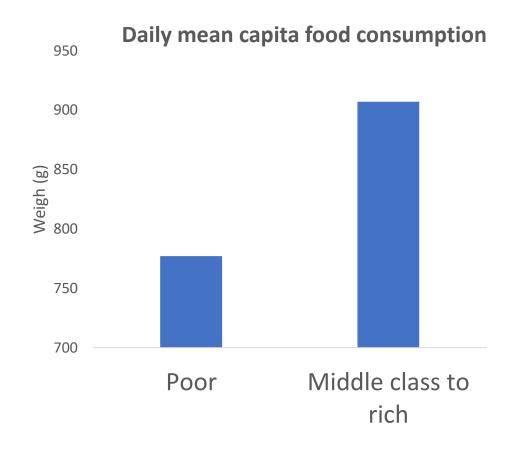
• Income and food consumption (Adam Drewnowski & Darmon, 2005; Mullie *et al.*, 2010; Kearney 2010)





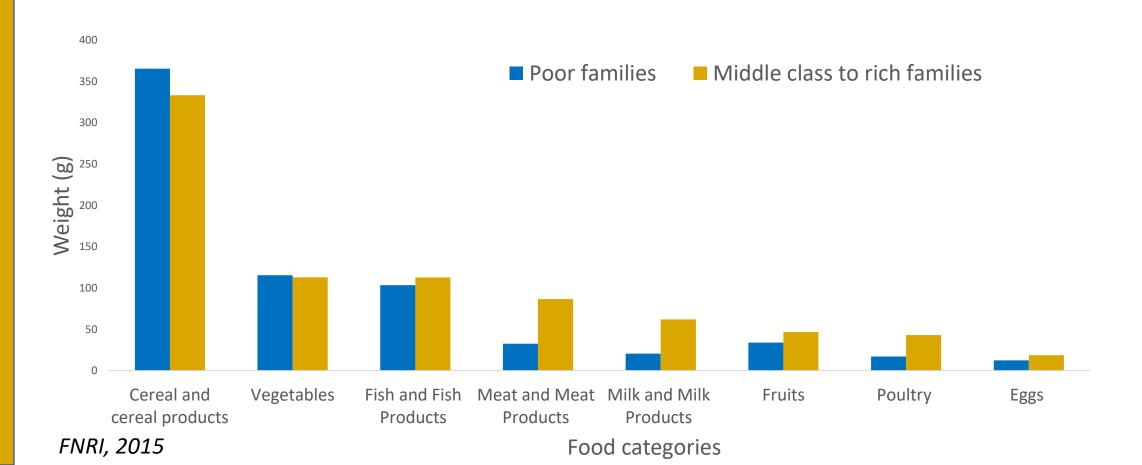
#### Filipino household food consumption profile





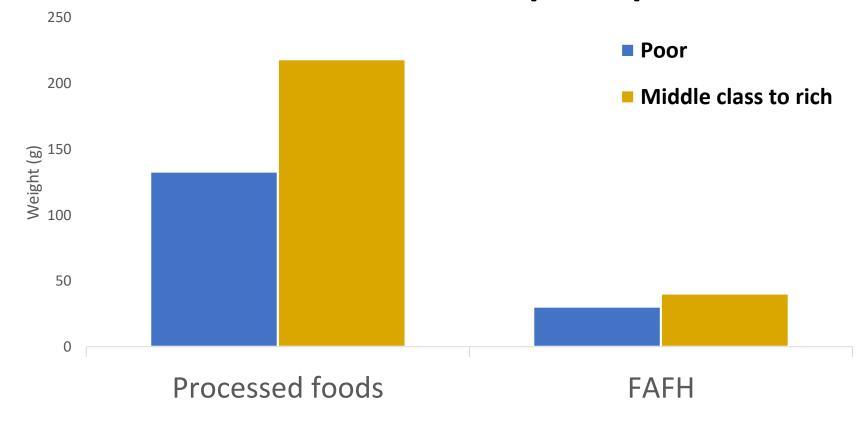


Filipino households' food consumption pattern (per capita)





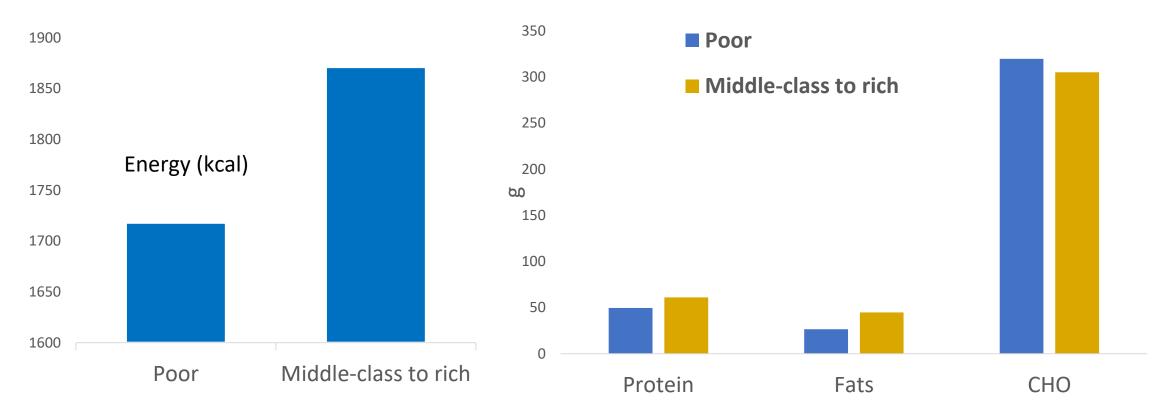
Filipino households' food consumption pattern



Per capita consumption of Filipino households per day

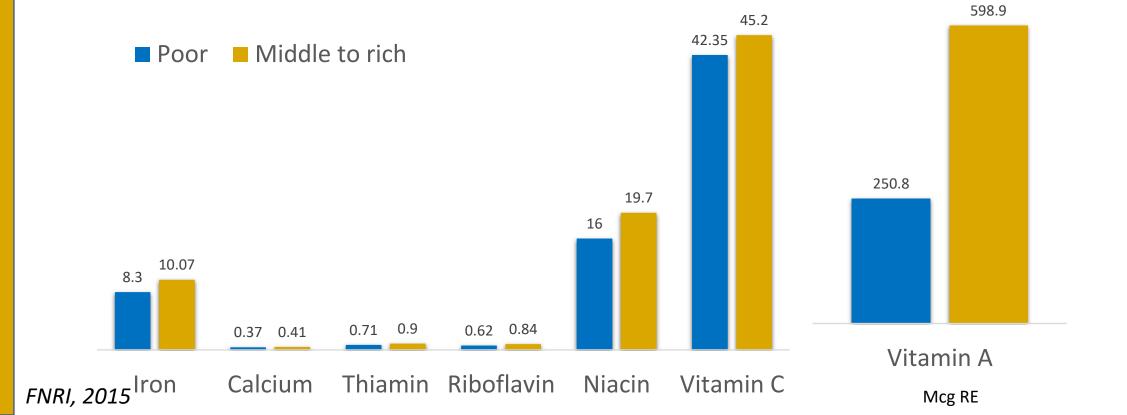


Filipino households' energy and nutrient intakes



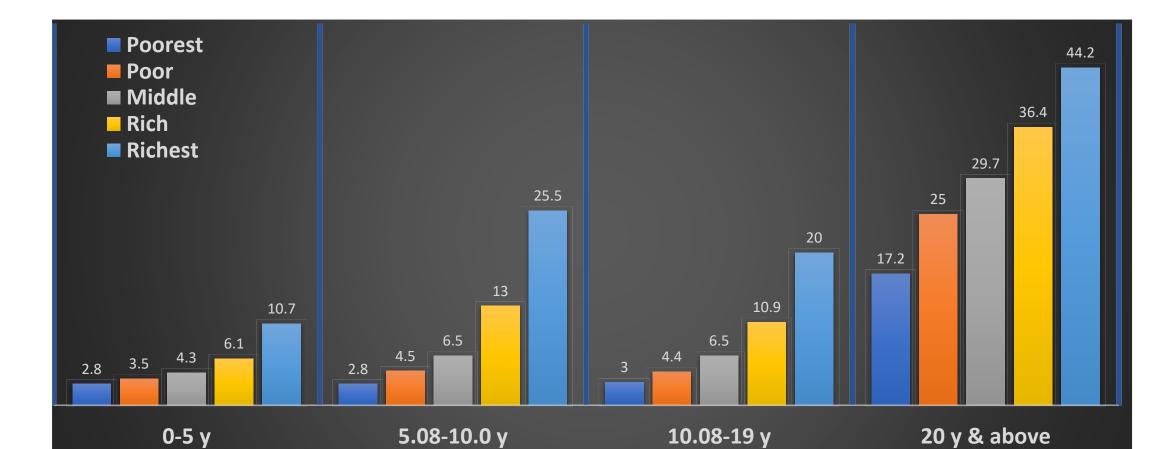


Filipino households' nutrient intakes



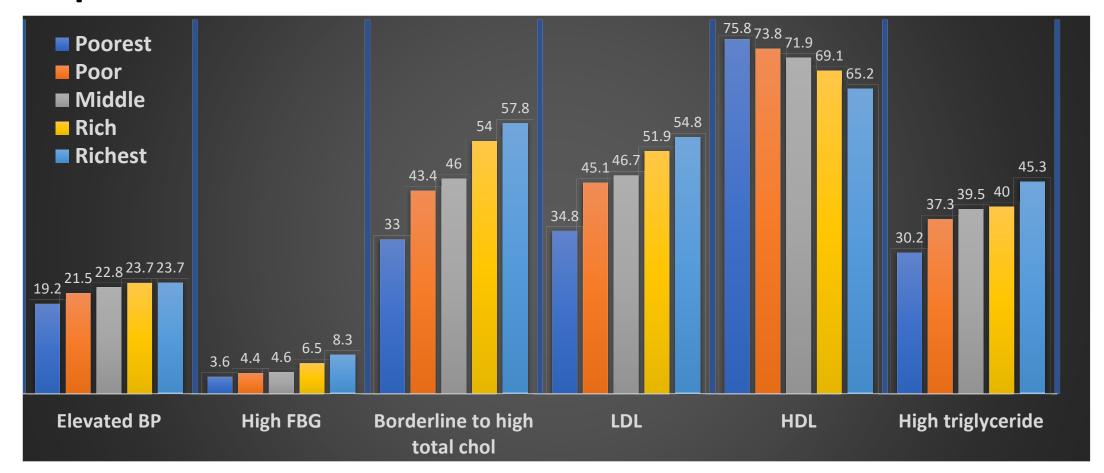


Filipinos' nutritional status (overweight/obesity) (FNRI, 2015)





Filipino adults' risk factors for NCDs (FNRI, 2015)

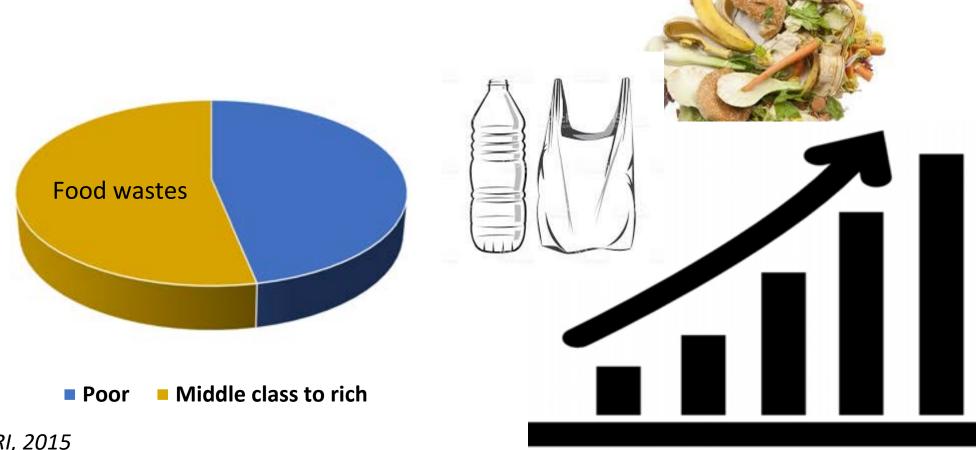








Filipino households' food wastes

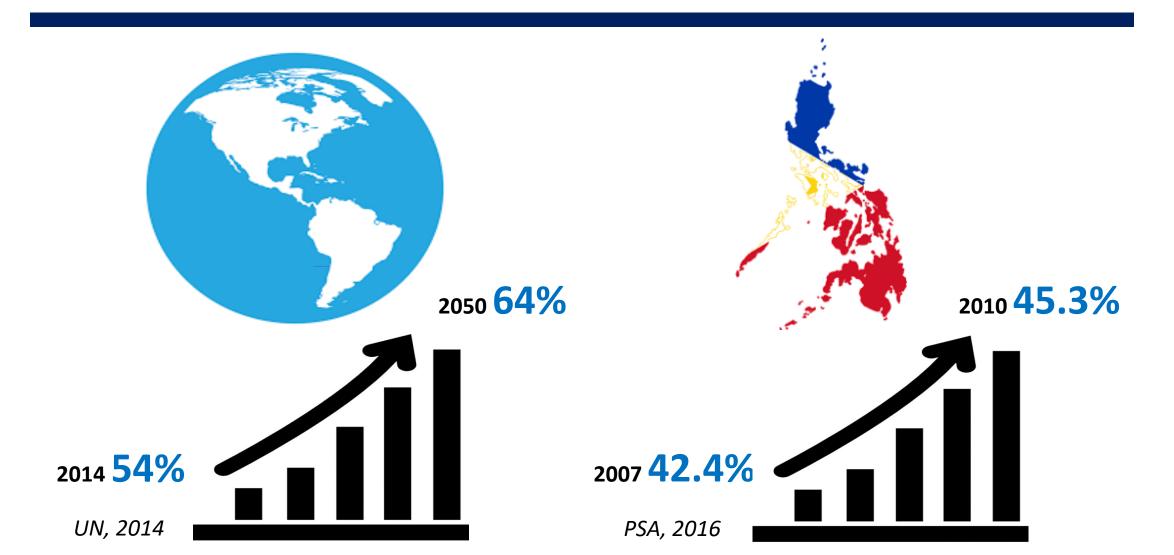




#### Increase in take home pay with TRAIN Law

ANNUAL SALARY	TAX SCHEDULE (2018 - 2022)	TAX SCHEDULE (2023 ONWARDS)
Not over P250,000	0%	0%
Over P250,000	20% of the excess	15% of the excess over
but not over P400,000	over P250,000	P250,000
Over P400,000	P30,000 + 25% of the excess	P22,500 + 20% of the excess
but not over P800,000	over P400,000	over P400,000
Over P800,000	P130,000 + 30% of the excess	P102,500 + 25% of the excess
but not over P2 million	over P800,000	over P800,000
Over P2 million	P490,000 + 32% of the excess	P402,500 + 30% of the excess
but not over P8 million	over P2 million	over P2 million
Over P8 million	P2,410,000 + 35% of the excess over P8 million	P2,202,500 + 35% of the excess over P8 million

















2012 to 2013

AS: 31% 🔷

A&FSE: 72%

FP: 37% 👚

1991 to 2002

FA: 9.97 to 9.56 M Ha

AFA: 2.16 to 1.98 Ha

2013 to 2015

Agricultural crops: 50%

Livestock: 5%

Poultry: 6%

Meat product import: 37%







**2012: 1871** (FM)++



1.3 M\*



18-50 sq m\*\*



2-4 h\*\*\*





2016: 4478

SM, HM & CS

2015: 84250

FSE

2015: **61%** of total retail food sales came from MOM & POP (sari-sari) stores





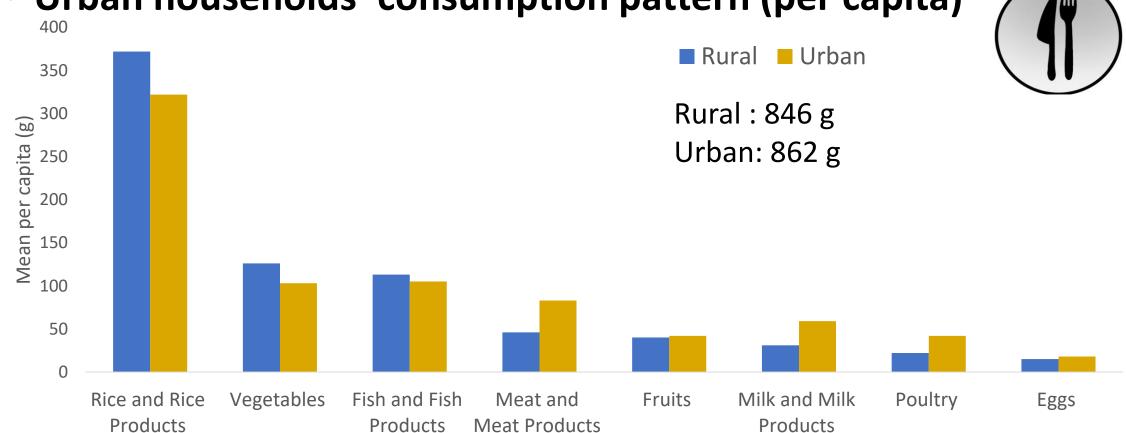




(USDA FAS, 2016)



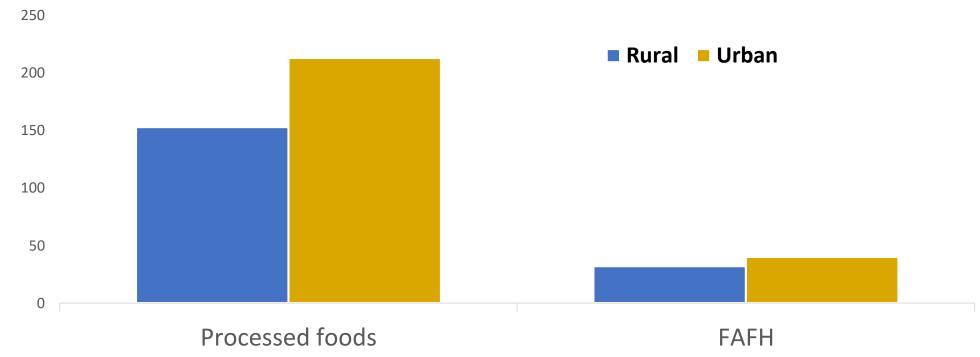
• Urban households' consumption pattern (per capita)





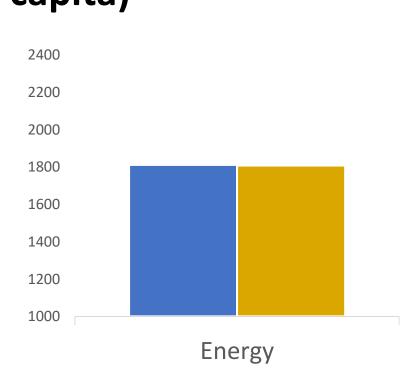
Urban households' consumption pattern (per capita)

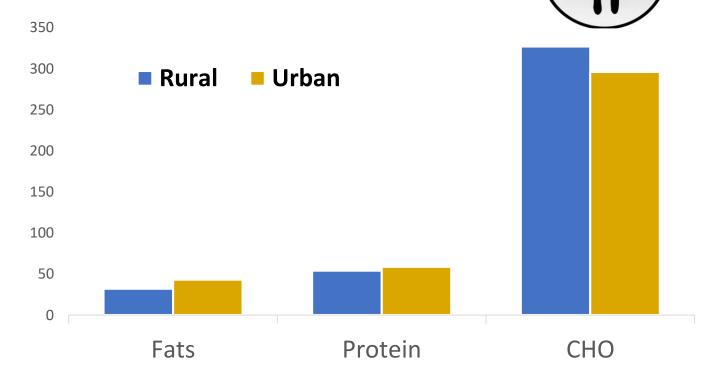




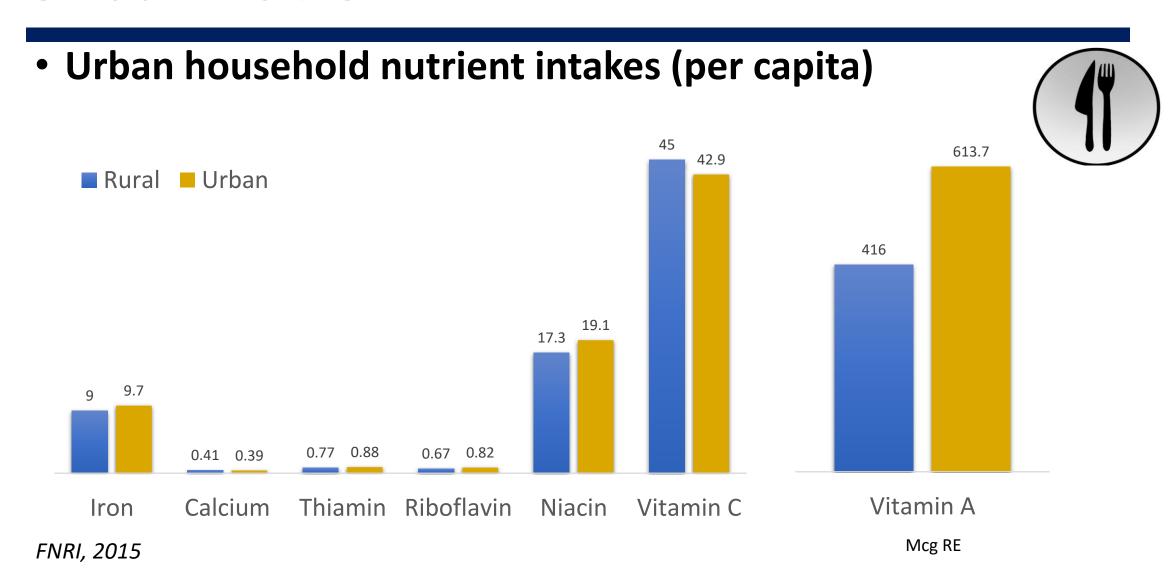


Urban households' energy and nutrient intakes (per capita)

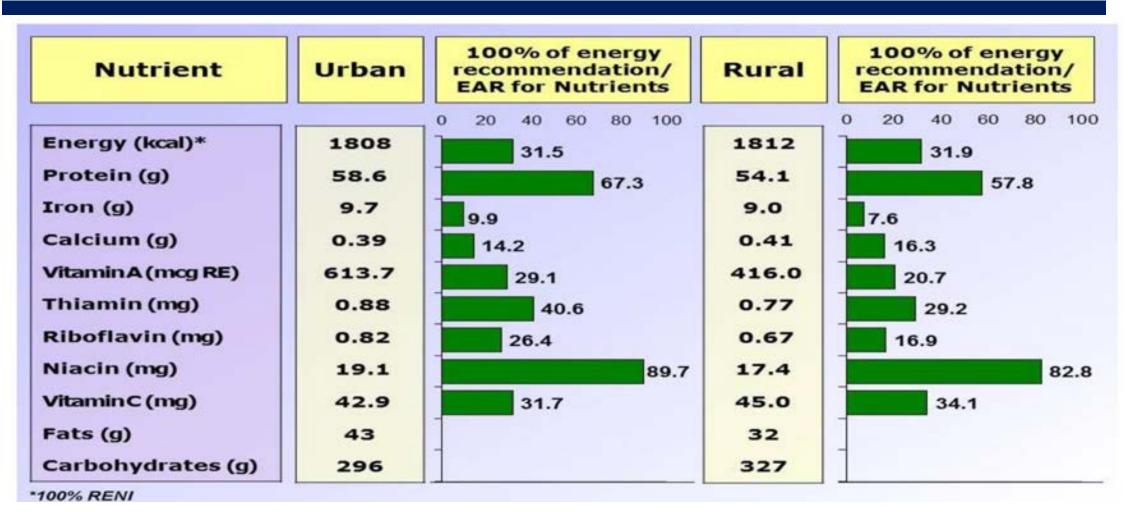






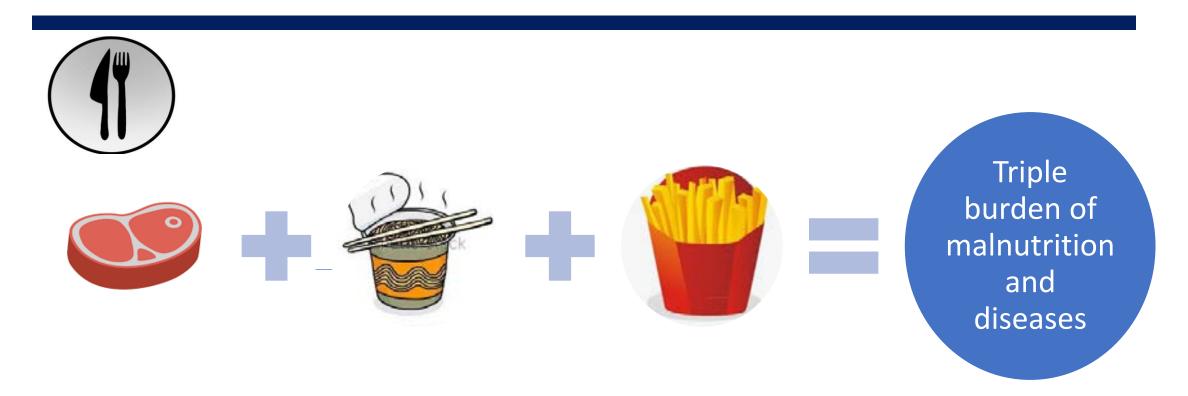






FNRI, 2015









Triple burden of malnutrition: undernutrition, micronutrient deficiencies and obesity and overweight (FAO, 2013)



Triple burden of malnutrition and diseases



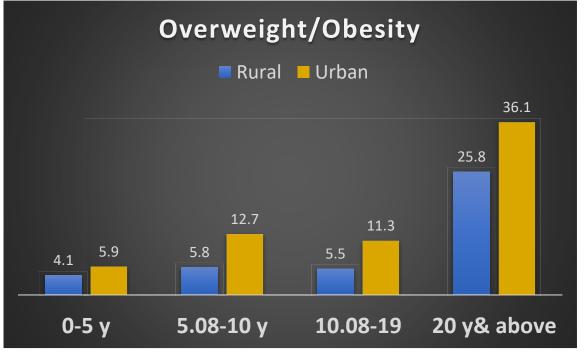


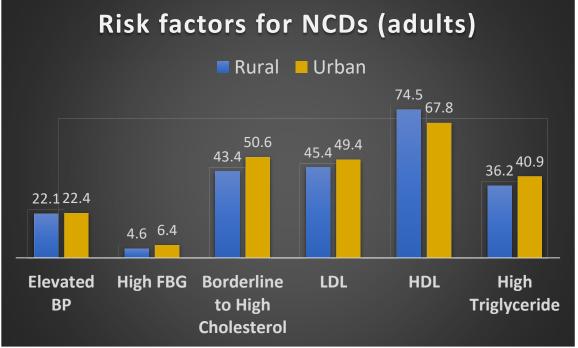
Triple burden of malnutrition and diseases

Triple burden of diseases: communicable diseases (caused by microbiological agents), noncommunicable diseases (caused by consumption and lifestyle practices), and diseases related to rapid urbanization and industrialization (e.g. substance abuse, mental illness) (Ortiz & Ebrigo, 2017)

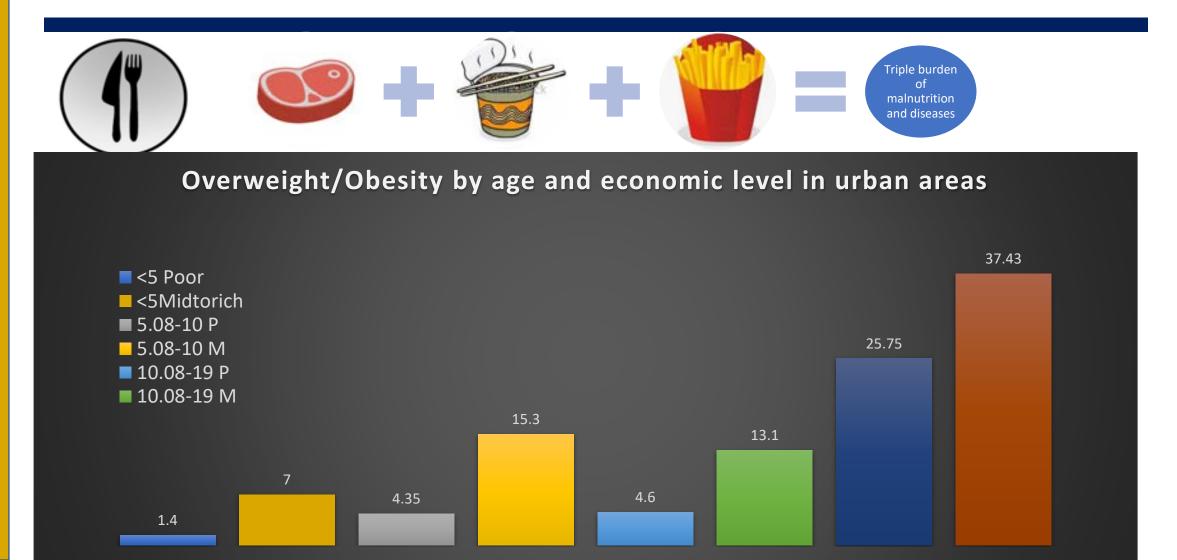




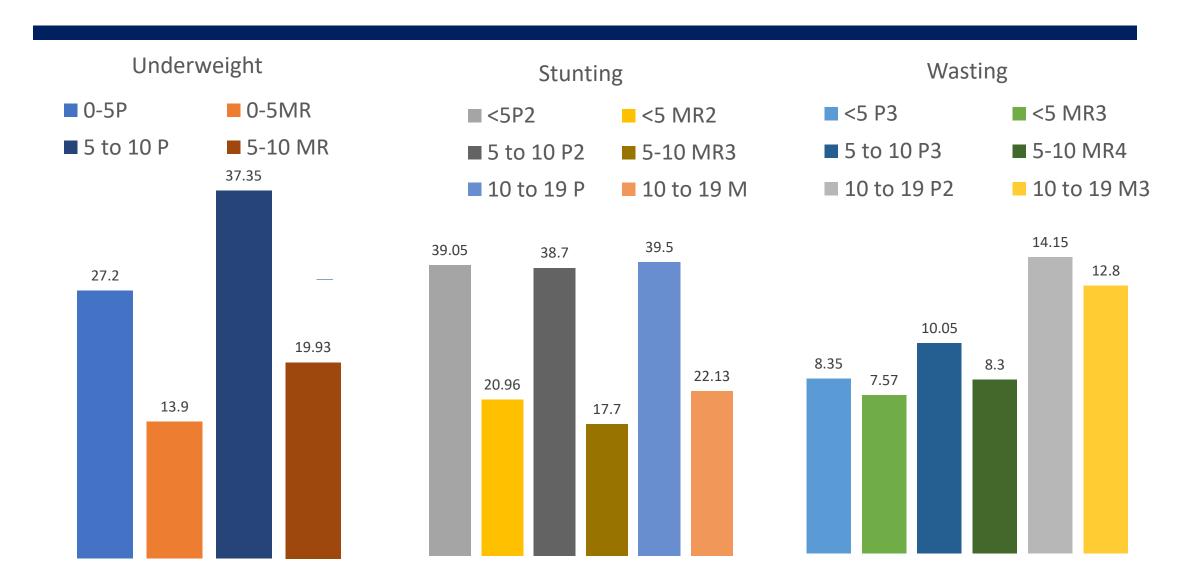




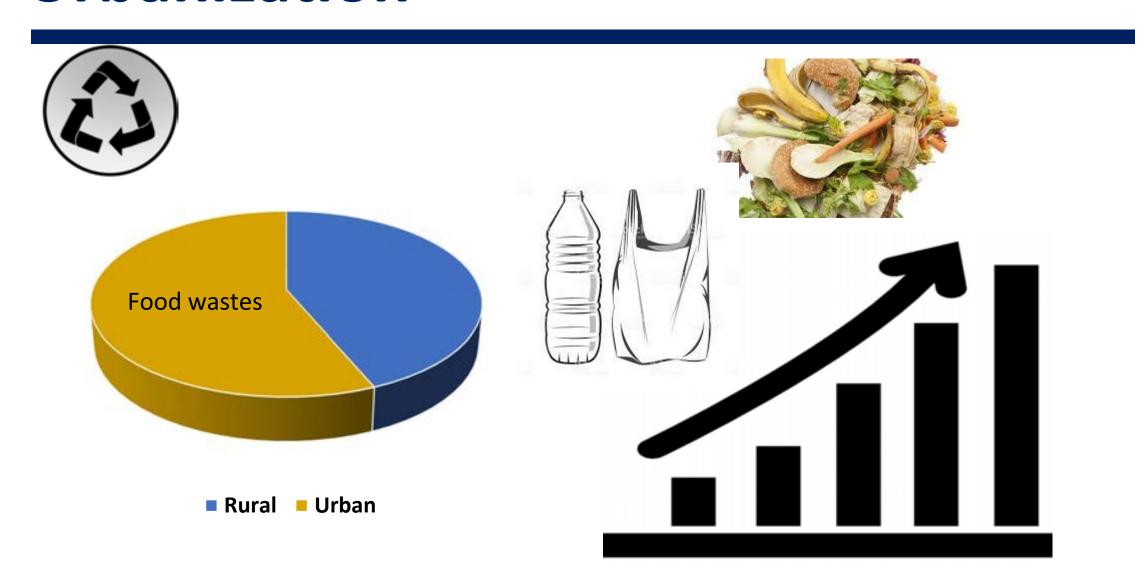














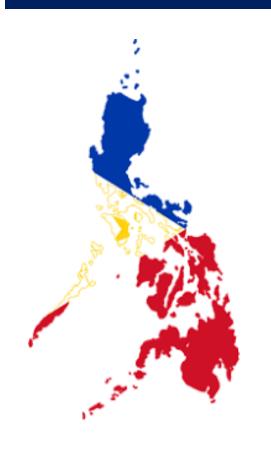
#### Opportunity

- Increases food supply
- Contribute to higher income
- Smooth out food deficits and surpluses
- Restrictions : negative impact to food security

#### Threat

- Food sovereignty and right to determine shape of food systems
- Risks of liberalized trade-uneven

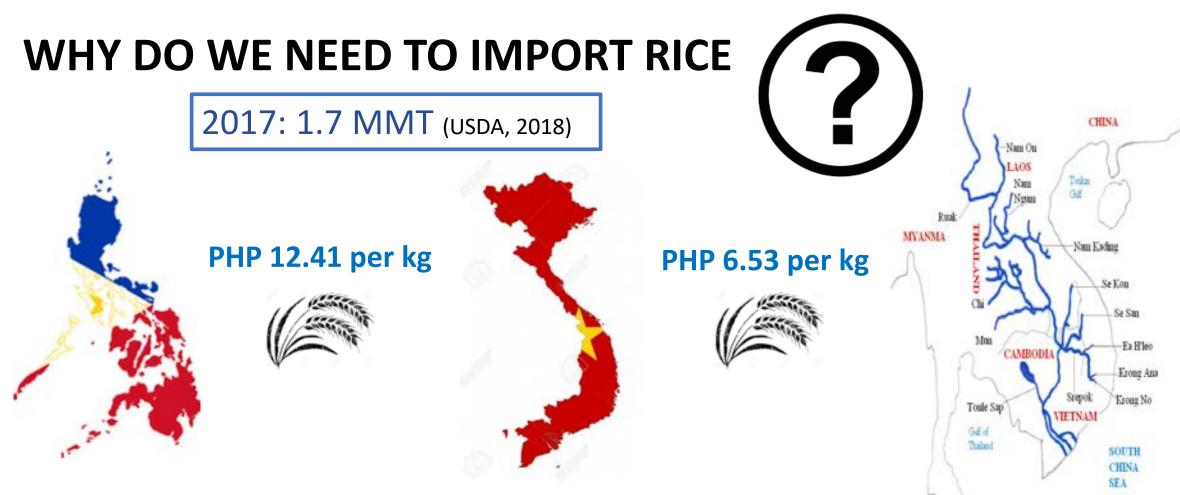




Member of the World Trade Organization (WTO) since January 1995 and the General Agreements on Tariffs and Trade since December 1979

Free Trade Agreements (FTAs) with the: (1)
ASEAN Free Trade Area (AFTA), (2) ASEAN,
(3) ASEAN plus Six (ASEAN +6), (4) ASEAN in
Trade Goods Agreement (ATIGA), (5)
European Free Trade Association (EFTA),
and (6) Philippine-Japan Economic
Partnership Agreement (PJEPA)





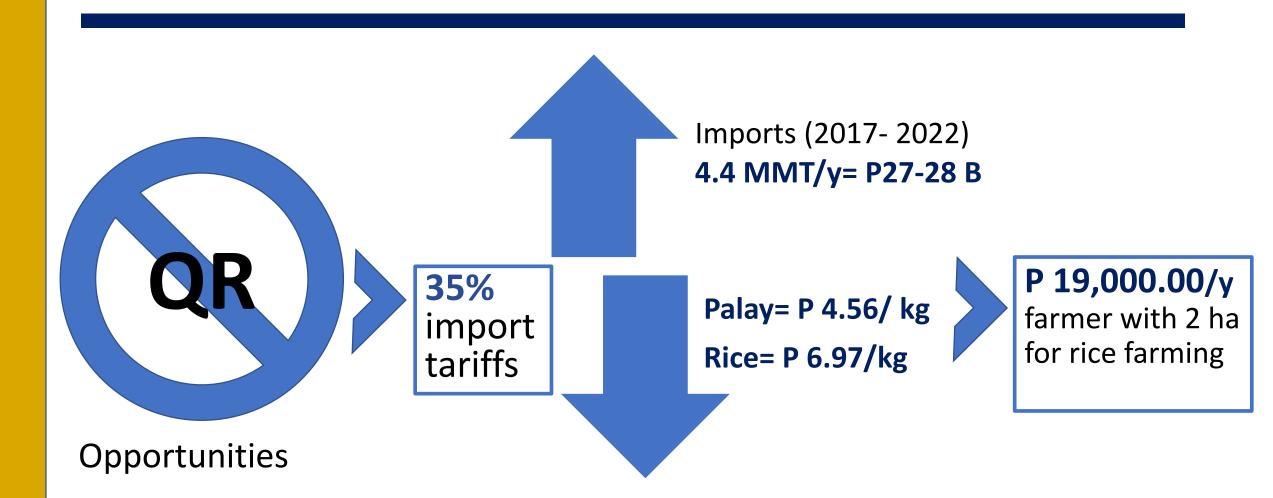
Dawe et al., 2006; Dawe, 2014



- QR limit rice imports to protect local rice producers and to boost rice selfsufficiency (Briones, Galana & Tolin, 2017).
- QR specify the Minimum Access Volume (MAV) of 805,200 MT will be imposed a 35% in-quota tariff while in excess, the out-of-quota tariff is 50% (US export, 2016).
- QR expired in July 01, 2017 but extended for another 3 years (EO 23, 2017).







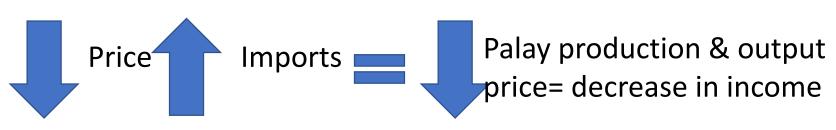
Briones et al., 2017; Briones & Tolin, 2015;











Farmers not ready for a post-QR due poor agricultural infrastructure and our country's vulnerability to natural disasters and climate-change

Rice cartels will take advantage of the situation and that smuggling will proliferate



- Non-tariff measures (NTMs)
  - Sanitary and Phytosanitary (SPS)
    - set out the basic rules for food safety and animal and plant health standards
    - harmonize SPS measures through international standards with the FAO/WHO Codex Alimentarius
  - Technical Barriers to Trade (TBT)
    - ensure that technical regulations, standards, and conformity assessment procedures are non-discriminatory and do not create unnecessary obstacles to trade



#### SPS & TBT

Bases of the implementation of food safety standards for domestic and international trade in all member countries of the WTO.





Food miles





- energy use and contribution to climate change
- dependence on fossil fuels
- traffic congestion
- social and economic impacts on rural communities and developing countries

(Stancu & Smith, 2006).



Food miles









Local products may lead to more GHG emissions compared to imported food(Lewis & Mitchell 2014)

Bulk of GHG emissions from food are in the production phase (Weber & Matthews, 2008) Shifting < one day
/wk cal from red
meat and dairy
products to chicken,
fish, eggs or a
vegetable-based diet
less GHG (Weber &
Matthews, 2008)

Local foods only reduces global emissions when undertaken in regions with relatively low emissions (Avetisyan et al., (2014)



# **ENVIRONMENTAL ISSUES**

Natural disasters
Climate change
Solid wastes
Food losses and wastes





Typhoon belt in the Pacific ar Pacific Ring of Fire 4<sup>th</sup> among countries hit by the highest number of disasters from 1995-2015 affecting 130 million people (CRED & UNSIDR 2015).

**3rd** amongst 171 countries based on exposure to natural hazards, vulnerability to hazards, coping capacities and adapting capacities as presented in the WorldRiskReport 2017 (Schrader, 2017).



 Can disrupt the entire food system from production, processing, marketing, distribution and 2006-2013
75 disasters
75 disasters
25% damage & losses in
agriculture= 3.8 B USD
agriculture= 3.8 B preparation of food **Production** FAO, 2015



#### Typhoon Yolanda 2013

- ✓ People affected
- 16.08 M people
- 6,300 were killed
- ✓ Damages:
- Property and agriculture:
   PhP 95.48 billion.

# Mayon Volcano eruption 2018

- ✓ People affected
- 84.4 Th people
- ✓ Damages
- Agriculture and fisheries
- 3.2 M USD
- Livestock and poultry

512 Th USD



- Paddy rice production at provincial level
- Paddy rice production at national level
- Food security of households
  - meal proportioning, reducing number of meals by children or skipping meals for whole day



• Households that are directly affected by disasters seek shelter in evacuation centers, which are normally crowded and lack food and sanitation which eventually breed diseases and cause malnutrition (Briones et al., 2017).



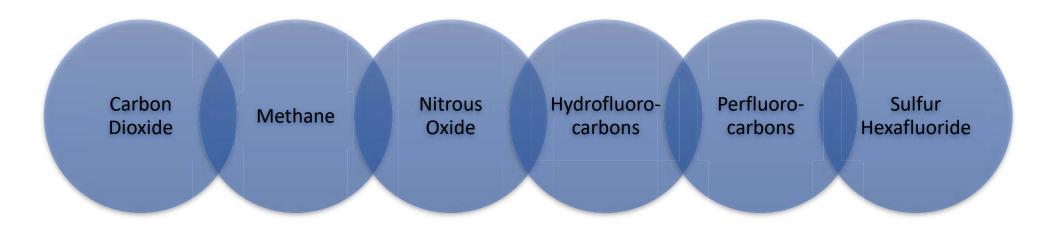


13th-most climate vulnerable among 186 countries by Verisk Maplesoft (Oxford Business Group, 2016)

5<sup>th</sup> in the Global Climate Risk Index (CRI) by Greenwatch (Kreft et al., 2016)



 One of the main drivers of climate change is the greenhouse gases (GHGs)



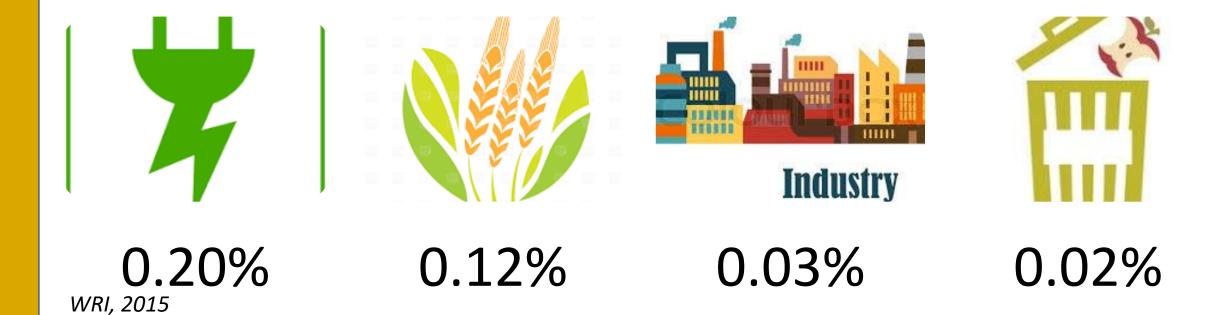


• Carbon footprint total amount of GHGs



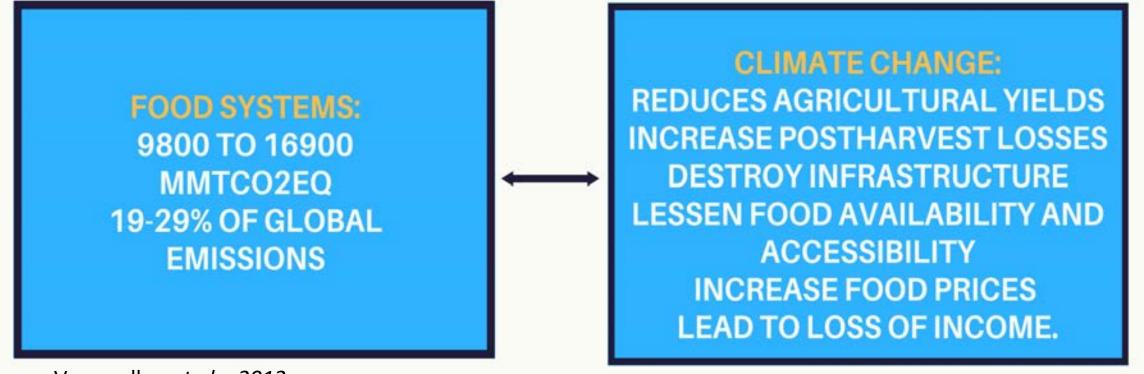


 Philippine carbon footprint =0.39% of global emissions as of 2012 (WRI, 2015)





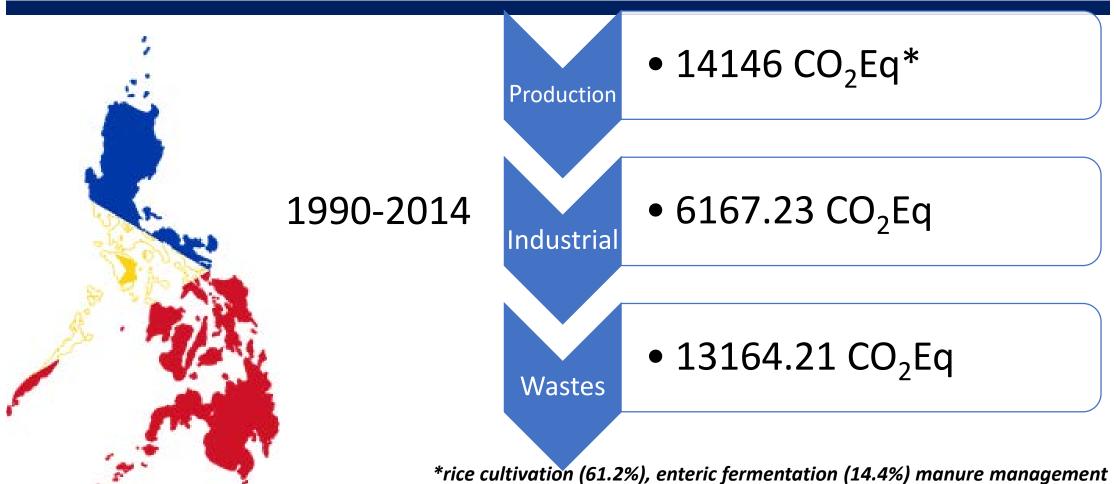
Two-way relationship of food systems and climate change



Vermeullen et al., 2012



FAO, 2018



\*rice cultivation (61.2%), enteric fermentation (14.4%) manure management (6.8%), synthetic fertilizers (6.6%), manure left on pasture (5%), crop (3%), manure applied to soils (2.1%) and burning crop residues





Population growth
Urbanization
Rising incomes

CHANGES IN COMSUMPTION PATTERNS

INCREASE IN GHG EMISSIONS FROM:





Population growth Urbanization Rising incomes

GHG emissions: High meat eaters>medium meat eaters>low meat eaters> fish eaters>vegans (Scarborough et al., 2013)

CHANGES IN COMSUMPTION PATTERNS

INCREASE IN GHG EMISSIONS FROM:

- Increased demand for cereals and animal-based products
- Increased demand for processed and packaged foods
- Increased demand for FAFH





Population growth
Urbanization
Rising incomes

GHG emissions: High meat eaters>medium meat eaters>low meat eaters> fish eaters>vegans (Scarborough et al., 2013)

- CHANGES IN COMSUMPTION PATTERNS
  - INCREASE IN GHG EMISSIONS FROM:

- Increased demand for cereals and animal-based products
- Increased demand for processed and packaged foods
- Increased demand for FAFH
- Increase in agricultural activities and outputs i.e., rice and livestock
- Increase processing, packaging and distribution activities
- Increase in packaging and food wastes



# Philippine Climate Change Projections

- Country will get warmer
- Warmer and drier summer months
   Temperature will rise by 0.9-11°C in
   2020 and 1.8-2.2°C in 2050
- Seasonal mean temperatures will increase
- Southwest and northeast monsoons including last quarter of the year will get wetter leading to flooding
- No. of dry days (>2.5 mm of rain)
   will increase
- Heavy daily rainfall (>300 mm) events will continue to increase in Luzon and Visayas

# Possible Impacts on Philippine Food System

#### WATER RESOURCES

- Irrigation will be affected
- Energy from dams will decrease
- Increased flooding and landslides

#### **AGRICULTURE**

- Decreased yields
- Increased incidences of diseases in plants and animals

#### **FORESTRY**

- Forest fires
- Loss of livelihood

#### **COASTAL RESOURCES**

Decreased yieldsLoss in income

#### **HUMAN HEALTH**

- Higher morbidity and mortality from water-based and vector borne diseases
- Increased health risk for children, elderly
- Poorer air quality in urbanized areas
- Severe malnutrition

(PAGASA, 2011)



# hilippine Climate hange Projections

- Country will get warmer
- Warmer and drier summer months
  - Temperature will rise by 0.9-11°C in 2020 and 1.8-2.2°C in 2050
- Seasonal mean temperatures will increase
- Southwest and northeast monsoons including last quarter of the year will get wetter leading to flooding
- No. of dry days (>2.5 mm of rain)
   will increase
- Heavy daily rainfall (>300 mm)
   events will continue to increase in
   Luzon and Visayas

Possible Impacts on Philippine Food System

Decrease GPV of agriculture by 40% in 2050 (Dait, 2013)

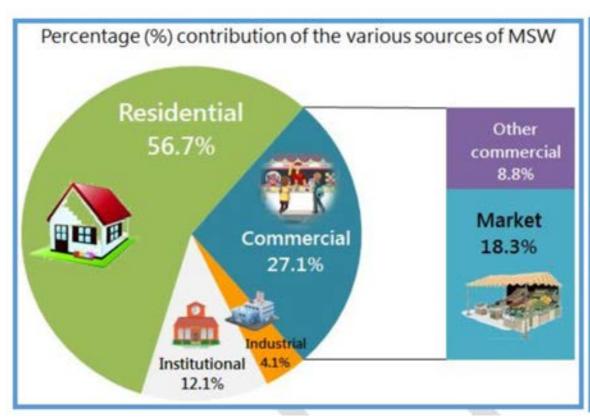
Incidences of foodborne illnesses increases (Tirado *et al.,* 2010)

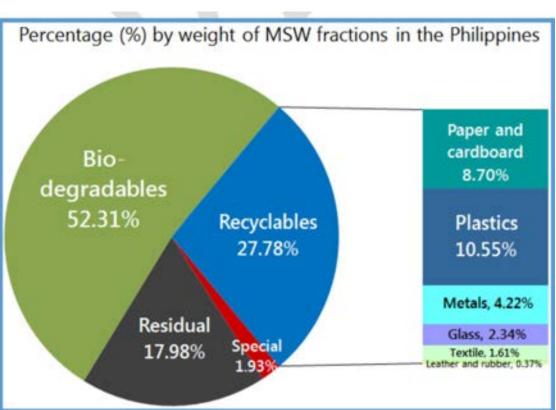
Malnutrition and hunger increase (FAO, 2016)

(PAGASA, 2011)



### **Solid wastes**

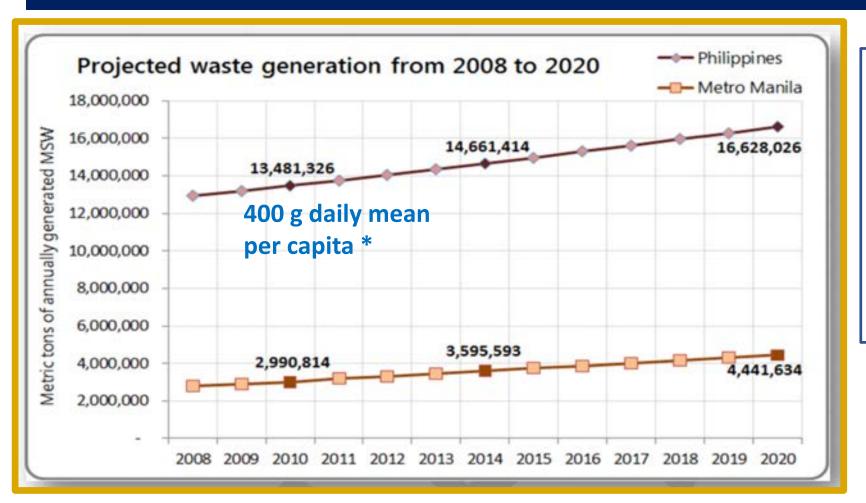




(NSWMC, 2015)



### **Solid wastes**



**2025** @ **47.3**% urbanization rate

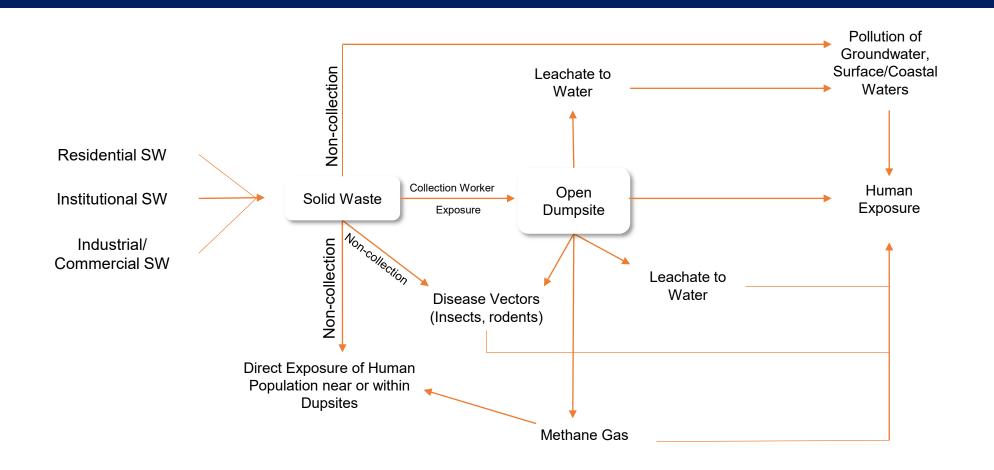
900 g daily mean per capita \*\* in urban areas

28.4 **MMT** 

\*NSWMC, 2015; \*\*World Bank, 2012



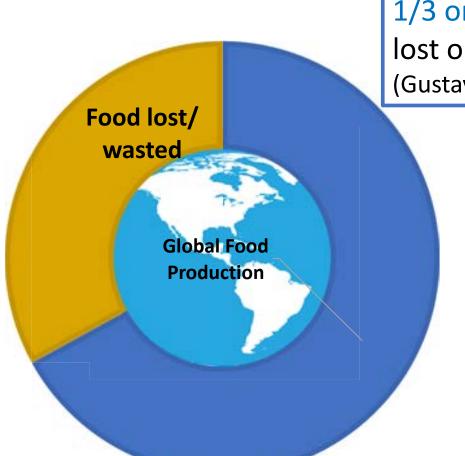
### **Solid wastes**



Solid Waste Exposure Pathway (NSWMC, 2015)



#### Food losses and wastes



1/3 or 1.3 billion tons is lost or wasted annually (Gustavsson et al., 2011).







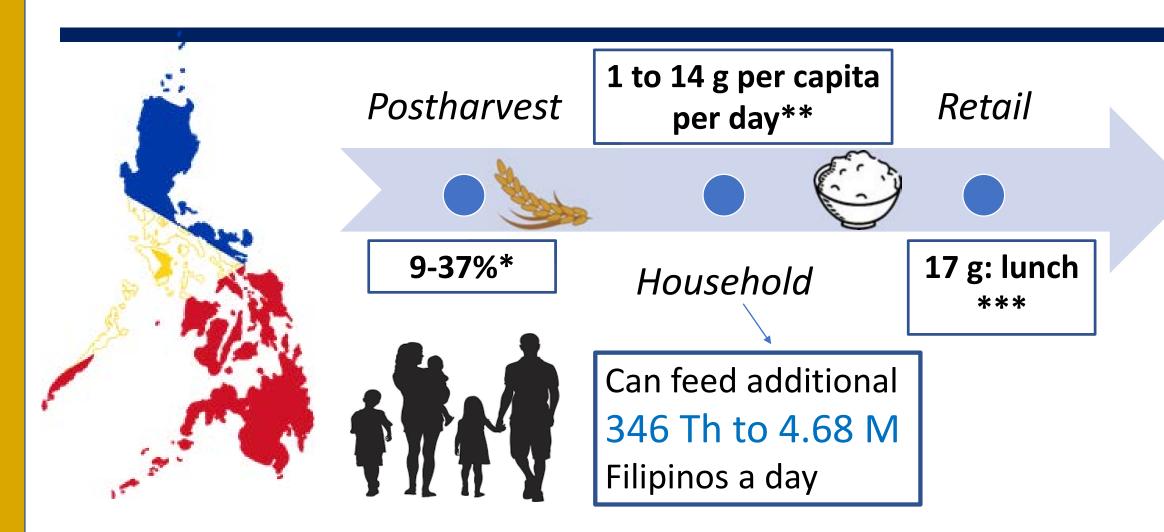








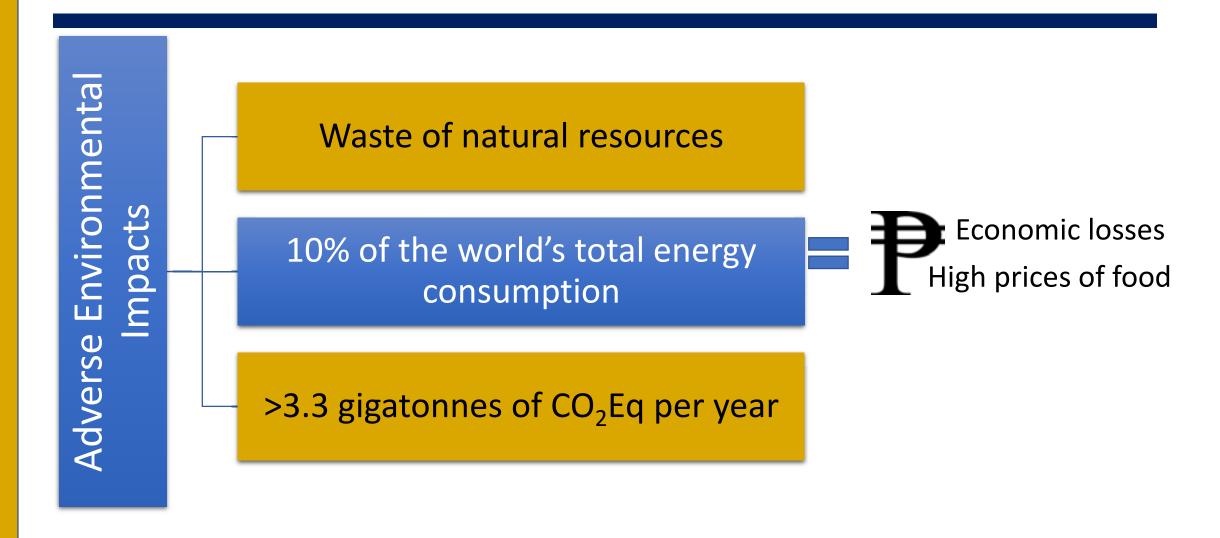
#### Food losses and wastes



<sup>\*</sup> Mopera, 2016; \*\* PSA, 2017 & FNRI, 2015; \*\* \* Rome-Laude, unpublished



#### Food losses and wastes





### **POLITICAL ISSUES**

**Armed conflicts Corruption** 



MAOIST



**MORO** 







#### **5 DECADES OF FIGHTING**

(Ferrer & Cabangbang, 2012).



The irony of Mindanao



- 2<sup>nd</sup> largest group of islands in the Philippines
- Home to almost 1/4 of the country's population
- 1/3 of land devoted to agriculture with 8 major river basins, and most regions outside the typhoon belts
- 40% of the country's food requirements
- >30% of national food trade, being a major producer of pineapple, banana and coffee



The irony of Mindanao



High prevalence of malnutrition:

Zamboanga Peninsula: 38.7% stunted pre-

school children; 44.3% stunted 6-10 y.o.

**SOCCSKSARGEN**: 36.3% stunted pre-school

children; 41.9% wasted adolescents

**ARMM**: 42.6% wasted adolescents



Case of Marawi





Damaged PhP 8 billion of infrastructures and properties (LCP, undated)



Economic loss ~PhP 4 billion (LCP, undated)



Displaced more than 77,000 families or 353,000 individual (UNHCR, 2017)



Case of Marawi



# EFFECTS ON FOOD SYSTEMS OF MARAWI RESIDENTS:

- 1. Loss of livelihood
- 2. Malnutrition and hunger which led to death



## Corruption



111<sup>th</sup> out of 176 =score of 34/100 in the 2017 Corruption Perceptions Index (Transparency International, 2017),

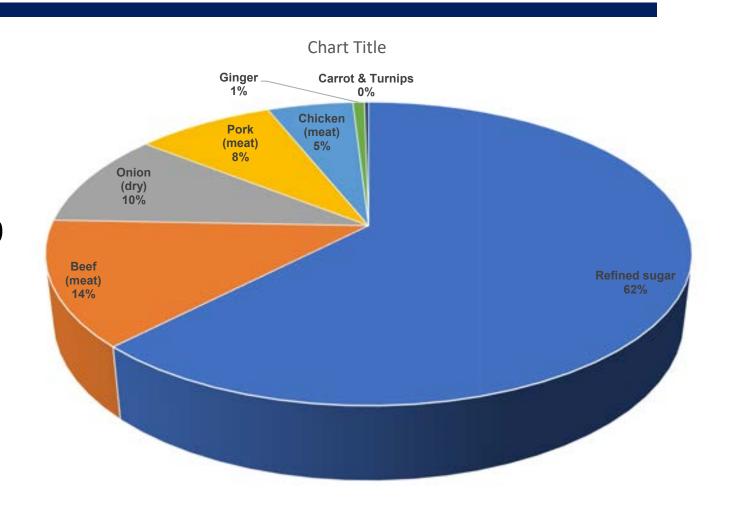
34<sup>th</sup> out of 214 countries in the Control of Corruption under the 2016 Worldwide Governance Indicators (The World Bank Group, 2018)

Lost an average of \$9.02 billion per year from 2004-2013 on illicit financial flow, ranking 19<sup>th</sup> amongst developing countries (Kar and Spanjers, 2015).



### Corruption

- Smuggling
  - Rice: 4.34 billion MTvalued at 1.2 billionUSD from 1986 to 2009
  - Other smuggled food:
     2.1 million MT
     equivalent to 1.3
     million USD





## Corruption



**INQUIRER.NET** 



#### The Manila Times

46 SHARES () () ()

# 6-M kilos of 'expired' imported pork smuggled to PH, says SINAG

INQUIRER.net / 07:31 PM August 12, 2014

MANILA, Philippines—The Samahang Industriya ng Agrikultura (SINAG) disclosed Tuesday that nearly six million kilos of expired imported meat that did not undergo required quarantine tests and food safety examinations may have been smuggled into the Philippines.



Bureau of Customs. INQUIRER FILE PHOTO

In a statement, SINAG said data obtained from Bureau of Customs (BOC) sources showed that 121.6 million kilos of imported pork meat were e this year, However, official







### **SOCIAL ISSUES**

Population growth and changing demographics
Infrastructure
Migration



# Population growth and changing demographics





# Population growth and changing demographics

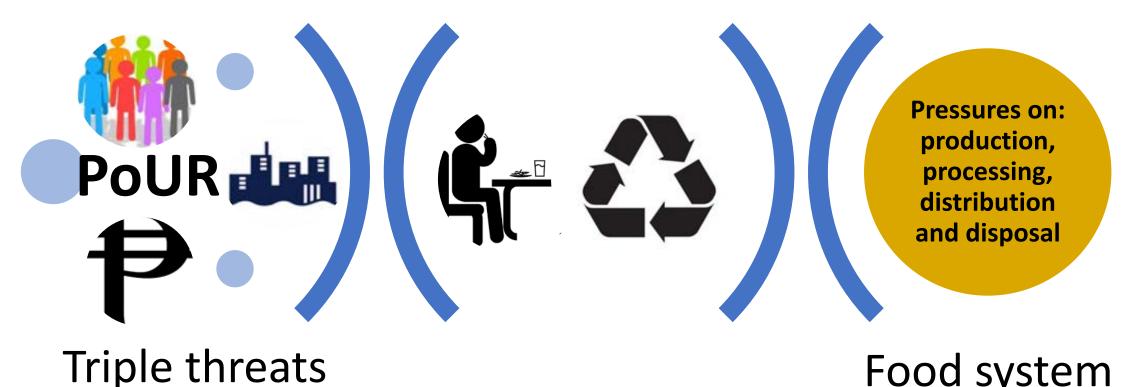
The projected amounts of food needed in 2045 to feed 142 million Filipinos<sup>1</sup>

Food items <sup>2</sup>	Per year (MMT)	Per day(TMT)
Rice and Rice Products	15.48	42.46
Corn and Corn Products	1.14	3.27
Starchy Roots and Tubers	0.71	1.99
Sugars and Syrups	0.57	1.70
Fats and Oils	0.71	2.13
Fish and Fish Products	5.68	15.48
Meat and Meat Products	3.41	9.23
Poultry	1.70	4.69
Eggs	1.28	2.27
Milk and Milk Products	2.27	6.39
Dried Beans, Nuts and Seeds	0.43	1.28
Vegetables	5.96	16.19
Fruits	2.13	5.82
Beverages	1.14	3.27

<sup>1</sup>Based on the mean capita consumption of Filipino households (FNRI, 2015a) <sup>2</sup>In raw and processed as purchased form



# Population growth and changing demographics



Food system



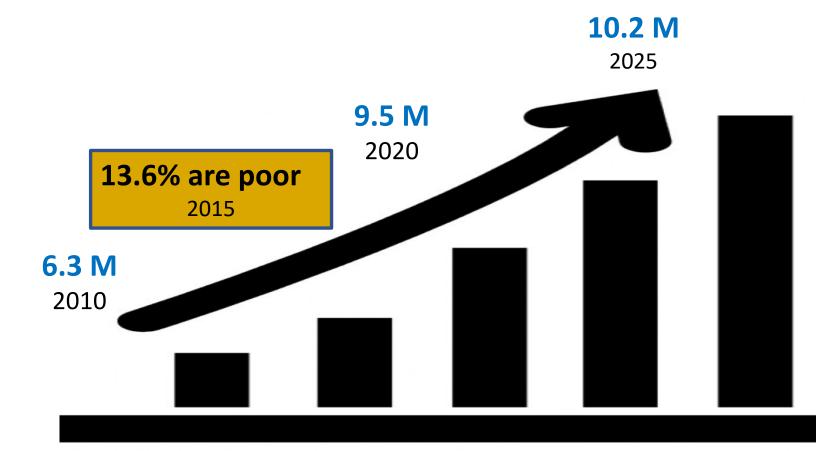
# Population growth and changing demographics

- Increase in the elderly population
- Shrinking household size
- Change in household structure



Increase in the elderly population







- Increase in the elderly population
  - ❖ Vulnerable to malnutrition (WHO, 2018)
  - Decrease in appetite due to Dysphagia (difficulty in swallowing), and ageing-related taste, olfaction and vision impairments (Rothenberg & Wendin, 2015)
  - Texture modification to make food acceptable (Funami, 2016)





- Increase in the elderly population
  - Filipino senior citizens' food consumption



< 1/5 of met the **Estimated Average** Requirements (EAR) for energy (17.4%), iron (8.9%), calcium (7%), vitamin A (14.1%), vitamin C (17.1%), thiamin (15.8%), and riboflavin (10%)



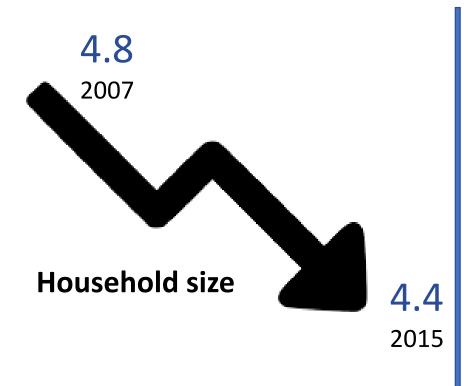
- Increase in the elderly population
  - ❖ Ageing agricultural sector

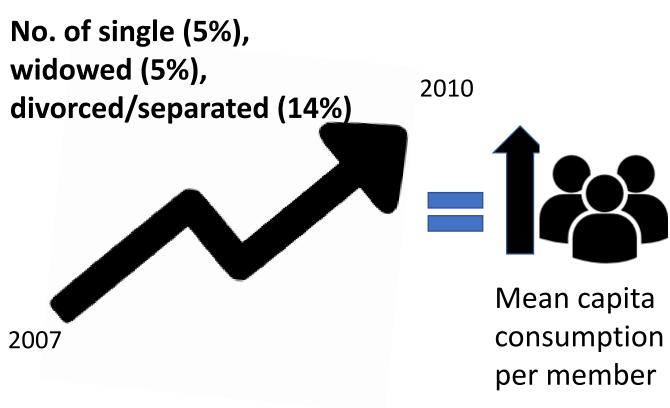


48 to 55 years old



Decrease in household size & change in structure







Decrease in household size & change in structure

SINGLE OR ONE-PERSON HOUSEHOLD (OPH)





2011: 242 million or 13% of the total households (Shin-Hyun, 2012) 2017: 300 million or 15% of total households (Chamie, 2017).



5% OPH in 2008 which is roughly 5.02 million in 2015 (based on PSA projected population growth) (UNFPA, 2012)



• Decrease in household size & change in structure















#### Infrastructure







significant post-harvest losses, i.e. around 15% for rice, 7% for corn, 16-40% for vegetables and 5-48% for fruits

susceptible to damage from flooding and extreme weather events and are often not passable during the wet season

physical constraints to port infrastructure results to high inter-island shipping costs



#### Infrastructure

**SECTIONS** Thursday, March 8, 2018

INQUIRER.NET



NATION 2,080 SHARES







Jica: Traffic congestion now costs P3.5 billion a day

By: Ben O. de Vera- Reporter / @bendeveraINQ Philippine Daily Inquirer / 12:10 PM February 22, 2018



oto / EDWIN BACASMAS

#### **LATEST STORIES**

#### MOST READ



Fandom Feels PH presents Sticker Con MNL 2018 MARCH 08, 2018 01:00 PM



BIR files tax evasion complaint vs Rappler before DOI

MARCH 08, 2018 12:33 PM



Sereno delivers most powerful speech yet; not all peers happy

MARCH 08, 2018 12:27 PM

**NEWSINFO** 

**NEWSINFO** 

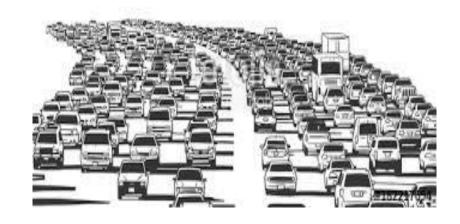
Mariners bring back 44vear-old Ichiro Suzuki





#### Infrastructure

- Metro Manila road infrastructure
  - low-quality public transport, traffic congestion, poor road network quality and inadequate network quality (NEDA, 2017).
- Economic cost of traffic congestion in Metro Manila will reach PhP 6 billion a day by 2030 if there is no intervention (JICA, 2014)





"Migration is a worldwide phenomenon" FAO, 2017c

2015

244 million

international migrants

2013

More than 10 million Filipinos abroad are with permanent, temporary and illegal status.

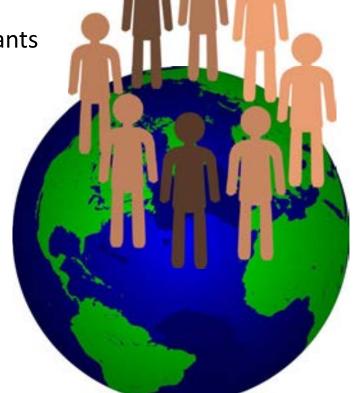
25% are considered OFWs.



2010

Approx. 173 million international migrants globally



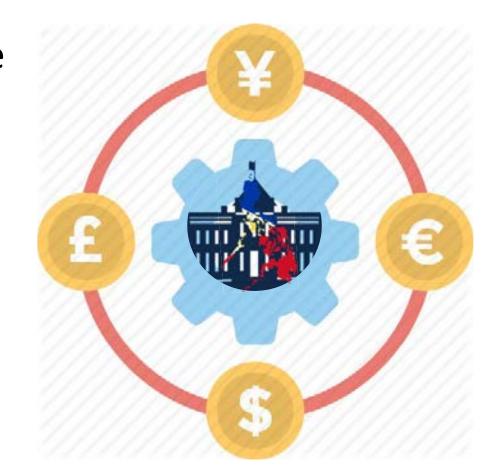


UN 2015; CFO, 2013; PSA, 2014



**Remittances** from OFW are one of the main drivers of the Philippine economy.

2016
PhP 202.3 billion
remittances from OFW=
10.2% of the GDP







Improved purchasing power positive effects on per capita calorie consumption and food diversity (Nguyen & Winters, 2011)



Consumption of more food, access to more expensive food and shift towards a more diversified, high-protein and micronutrient-rich diet (Karamba, Quiñones, & Winters 2011)



Enhanced child growth patterns (Azzarri & Zezza, 2011)



No effect on total food expenditures per capita, and minimal effect on food expenditure pattern; shift on food consumption in high migration regions towards potentially less nutritious foods such as sugar, beverages and food eaten outside home (Romano & Traverso, 2017)



Families of Filipino migrants spend their remittances on basic commodity such as food, clothing and shelter (Rispens-Noel, 2018; Aldaba & Opiniano, 2008)



Number of OFWs per region vs mean capita daily food consumption of Filipino households and intake of cereal products, fats and oils, meat and dairy products in 2013 (PSA, 2017; FNRI, 2015)



# WHAT ARE THE OPPORTUNITIES IN PHILIPPINE FOOD SYSTEMS?





### **Opportunities**

- Science, technology & innovation (STI)
- Sustainable food systems (SFS)
- Research & trade cooperation (RTC)



#### **FOOD MEGATRENDS**

and examples of opportunities for research and collaboration (Augustin et al., 2016).

MORE FOOD FROM LESS

RESOURCES

Recovery and value addition Extend shelf life through
processing
Optimize supply chain logistics

FOODS FOR A HEALTHY PLANET
GM Foods
Greater use of algae Tissue engineering for meat
Food sharing
Shaping consumer acceptance

POODS FOR THE ASIAN CENTURY

Novel foods & ingredients with high nutritional value

Novel food systems and distribution systems for megacities

FOODS FOR BEAUTY AND HEALTH
Foods for healthy ageing
Portion innovation
Texture modification
Food service for aging population

DIGITAL FOOD AND THE
INTERNET OF FOOD
Use of big data to improve
food supply
Foods tagged and sensed
Drone food delivery

PRODUCING FOOD IN A
GLOBALLY NETWORKED
ENVIRONMENT
New and horizontal networks
Global R&D environment

FOODS THAT MEET OUR EXPECTATIONS

Personalized foods, diets Clean, natural foods Artisan, small batch and direct to consumers



Sector	R&D Programs	R&D Projects
National Integrated Basic Research Agenda (NIBRA)	Food and nutrition security Food safety and biodiversity studies	Epidemiology of food and feed-borne contaminants Diseases and pathogens of important crops Safety analysis of raw and processed foods
Health	Functional foods Nutrition and food safety Disaster risk reduction-health Climate change adaptation- Health	Development of functional foods (e.g. guyabano, malunggay, sweet potato Fortified multi-nutrient growth products and rice extrudate Ready to use therapeutic foods and food for emergencies Omic Technologies for Health and Wellness

Examples of the priority research and development (R&D) programs and projects under the DOST's HNRDA 2017-2022 that pertain to Philippine food systems.



Sector	R&D Programs	R&D Projects
Agriculture Aquatic and Natural Resources (AANR)	Postharvest, processing and product development Applied genomics	Postharvest, processing and product development of priority commodities (e.g.legumes, cacao, rootcrops, goat) Application of genomics in breeding and selection Development of standards
Industry and Emerging Technology	Food and Nutrition Security Intelligent Transportation Solutions	Rapid test kits for contaminants Value-adding of fishery by-products Smart and green packaging technology Cost-effective alternative mass transport systems and components Commuters and public utility vehicle information systems

Examples of the priority research and development (R&D) programs and projects under the DOST's HNRDA 2017-2022 that pertain to Philippine food systems.



Sector	R&D Programs	R&D Projects
Disaster Risk Reduction and Climate Change Adaptation	Warning and risk assessment Technology Development and Application for Climate Change Mitigation and Adaptation	Web-based and mobile phone-based warning and information Impact-based/risk-based modelling and forecasting Microbial Biotechnology for Sustainable Waste Management and Alternative Energy Source

Examples of the priority research and development (R&D) programs and projects under the DOST's HNRDA 2017-2022 that pertain to Philippine food systems.

















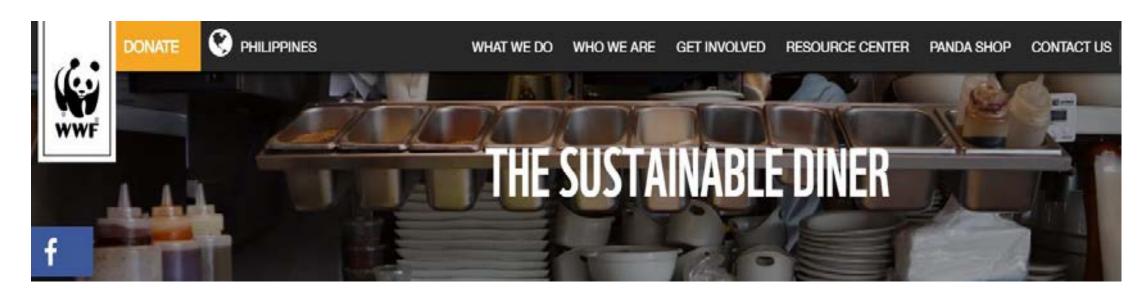




The Healthy Foods of the New Nordic Diet







Aims to lessen food wastage and contribute to the improvement of the implementation of SCP processes in the foodservice sector (WWF,2017)

**Sustainable HORECA** 



- Philippine Good Agricultural Practices (PhilGAP)
   Certification Program
  - ❖Good agricultural practices (GAP) refer to practices that address environmental, economic and social sustainability for on-farm processes, and which result in safe and quality food and nonfood agricultural products (FAO, 2008).





- National Organic Agriculture Program (NOAP, RA 10068)
  - promotion and commercialization of organic farming practices,
  - cultivation and adoption of production and processing methods which have already been developed, or to be developed,
  - continuing research and upgrading thereof, the capacity building of farmers and the education of consumers thereon, the extension of assistance to LGUs, POs, NGOs and other stakeholders
  - documentation and evaluation of the program





- Gulayan sa Paaralan Progam (GPP)
  - Supports the hunger mitigation initiatives of the government and encourages public elementary and secondary schools to establish school gardens to ensure continuous supply of vegetables for the School-Based Feeding Progam, and other feeding programs
  - Appreciation of agriculture as a life support system







- National Agri-fishery Mechanization Program (NAFMP, RA 10601)
  - Mechanization
    - ✓ can possibly enhance the agricultural uplands, hilly production system
    - ✓ reduce or minimize postharvest losses
    - ✓ reduce pressures in the environment that would in turn achieve food security



- Food Donation Act (RA 9803, 2009)/ Food Surplus Act (HB 2469)/ Zero Food Waste Act (SBN 357)
  - The Food Donation Act of 2009 is an act to encourage the donation of food for charitable purposes to alleviate national poverty and reduce food wastage (RA 9803, 2009)





- Food Donation Act (RA 9803, 2009)/ Food Surplus Act (HB 2469)/ Zero Food Waste Act (SBN 357)
  - ❖ Food Surplus Act (HB 2469)/ Zero Food Waste Act (SBN 357)promote, facilitate, and ensure the reduction of food waste through redistribution and recycling
  - Requires food-related businesses (e.g. food manufacturers, supermarkets, restaurants, cafeterias, and hotels) to donate edible food wastes which are unadultered and in good condition to food banks.







#HUNGERPROJECT

# Senate bill: Restaurants must donate excess food to charities

The proposed Zero Food Waste Act seeks to improve the state of food security in the Philippines



#### Jodesz Gavilan

@jodeszgavilan

Published 4:45 PM, July 24, 2016 Updated 4:45 PM, July 24, 2016









A-Long-Term-Visio....p... ^



AmbisyonHighligh....pdf ^





Section 5. Food-related Business Waste Reduction Strategy. — Food-related businesses such as food manufacturers, supermarkets, restaurants, cafeterias, and hotels are hereby required to:

- a. Submit an initial report to the DSWD and DENR that contains data on the amount (in tons) of its edible and inedible food waste in the past year, organized according to the manner of disposal, including donation, composting or discarding.
- b. Submit an annual report to the DSWD and DENR that contains data on the amount (in tons) of its edible and inedible food waste in the immediately precedent year, organized according to the manner of disposal, including donation, composting, or discarding.
- Enter into a contract with food banks to redistribute edible food waste to the food insecure.
- d. Shoulder the costs of transporting edible food waste from business location to the food bank's warehouse or distribution center.
- e. Ensure that edible food waste is unadulterated and in good condition upon arrival at the food bank's distribution center.
- f. Enter into a contract with waste management and recycling enterprises to recycle inedible food waste into fertilizer or compost.
- g. Shoulder the costs of transporting inedible food waste from collection areas to waste management sites.
- h. Reach and maintain food waste levels at the target set by the DENR.





WHAT WE DO

WHY WE EXIST

WHO WE ARE

f

TAKE ACTION

Hunger is often not a food problem; it's a logistics problem. Approximately 15–30% of food in emerging economies is wasted. Each year billions of pounds of food go to waste, while 1 in 4 people are malnourished. Food banking systems capture surplus food and deliver it to the people who need it most, engaging all sectors of society (governments, business, and civil) in the process. Food banks acquire donated food, much of which would otherwise be wasted, from farms, manufacturers, distributors, retail stores, consumers, and other sources, making it available to those in need through an established network of community agencies. These agencies include school feeding programs, food pantries, soup kitchens, AIDS and TB hospices, substance abuse clinics, after-school programs, and other nonprofit programs that provide food to the hungry.







### Research & trade cooperation

- Goal 17: Revitalize the global partnership for sustainable development
  - Finance
  - Technology
  - Capacity-building
  - Trade
  - Systemic issues





Private

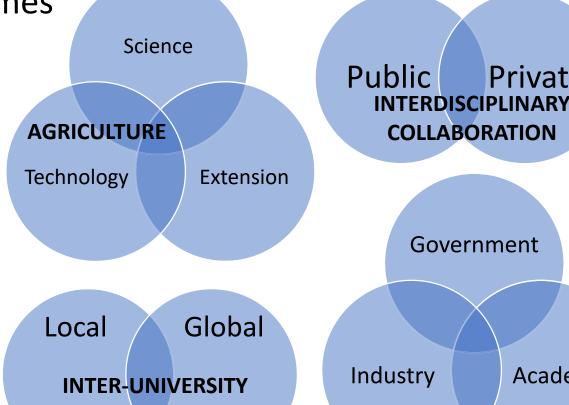
Academe

### Research & trade cooperation

National collaboration schemes



Inter-firm Academe **INCLUSIVE INNOVATION** CENTER





### Research & trade cooperation

National collaboration schemes



S4CP

endeavors to significantly accelerate Science, Technology and Innovation (STI) in the country through massive increase in investment on S&T Human Resource Development and R&D through the program



### Research & trade cooperation

Accelerated R&D Program for Capacity Building of Research and Development Institutions and Industrial Competitiveness



Accelerate industrial competitiveness by capacitating HEIs in the Regions to undertake quality research that will promote regional development

Employ experts with strong leadership, management and innovative policy-making proficiencies to be in charge of strengthening the research capabilities of the HEIs



**CRADLE** 

Level-up the
Philippine Industrial
Sector through the
industry R&D, and
acquisition of
strategic and relevant
technologies to
enhance their
technology level and
production processes.





International collaboration schemes



- 1. Increase engagement of international talents to optimize the delivery of quality instruction as well as the quality and quantity of research and innovations (p. 156); and
- 2. Intensify international cooperation in STI (p. 225)



International collaboration schemes











Sendai Framework for Disaster Risk Reduction

2015 - 2030



International collaboration schemes

**ASEAN PLAN OF ACTION ON** SCIENCE, TECHNOLOGY AND INNOVATION (APASTI) 2016-2025 **Implementation Plan** 

- public-private collaboration
- talent mobility, people to people connectivity, and inclusiveness
- enterprises support
- public awareness and STI enculturation



International collaboration schemes



2015/PPSTI2/004 Agenda Item: 9

- building science capacity
- promoting enabling environment for innovation
- enhancing regional science and technology connectivity

Policy Partnership on Science, Technology and Innovation Strategic Plan (2016-2025) (Endorsed)



- Trade cooperation
  - Universal, rules-based, open, non-discriminatory and equitable multilateral trading system under WTO, including through the conclusion of negotiations under its Doha Development Agenda
  - ❖Increase the exports of developing countries with a target of doubling the least developed countries' share of global exports by 2020;



- Trade cooperation
  - Timely implementation of duty-free and quota-free market access on a lasting basis for all least developed countries, consistent with WTO decisions



## Summary

Philippine food systems- challenges



Dependent on food and fuel prices, financial elements and international trade



Influenced by consumption patterns due to rising incomes & urbanization



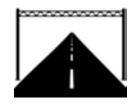
Vulnerable to disasters (natural and man-made) and climate change



Generate
losses and
wastes with
environmental,
social and
economic costs



Tremendous pressure from population growth and changing demographics.

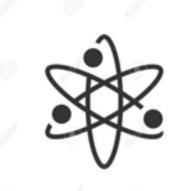


Inefficiencies due to poor infrastructure



### Summary

Philippine food systems- opportunities









# How can we feed 142 million Filipinos in 2045?



We all need to pitch in and do our share for a better Philippine food system that hopefully can be enjoyed by the next generation of



#### **ACKNOWLEDGMENTS**









**Nutrition 230 students** 



- Aldaba, F.T., & Opiniano, J.M. (2008). The Philippine 'Diasporic Dividend': Maximizing the Development Potentials of International Migration. In Asis, M.M., & Baggio, F. (eds) Moving out, Moving back up: International migration and development prospects in the Philippines. Scalabrini Migration Center
- Aldaba, R.M. (2012). Small and medium enterprises' access to finance: Philippines. *Philippine Institute for Development Studies Discussion Paper* Series NO. 2012-05: 1-48
- Ang, P. (2016). Philippine rice quantitative restrictions to expire in 2017. GAIN Report. USDA Foreign Agriculture Service. Available online:
   <a href="https://gain.fas.usda.gov/Recent%20GAIN%20Publications/Philippine%20Rice%20Quantitative%20Restrictions%20to%20Expire%20in%202017">https://gain.fas.usda.gov/Recent%20GAIN%20Publications/Philippine%20Rice%20Quantitative%20Restrictions%20to%20Expire%20in%202017</a> Manila Philippines 10-31-2016.pdf. Accessed on [26 January 2018].
- Augustin, M. A., Riley, M., Stockmann, R., Bennett, L., Kahl, A., Lockett, T., & Cobiac, L. (2016). Role of food processing in food and nutrition security. *Trends in Food Science & Technology*, 56:115–125.
- Avetisyan, M., Hertel, T., & Sampson, G. (2014). Is local food more environmentally friendly? The GHG emissions impacts of consuming imported versus domestically produced food. *Environmental and Resource Economics*. 58: 415-462
- Azzarri, C., Zezza, A. (2011). International migration and nutritional outcomes in Tajikistan. Food Policy. 36: 54-70
- Briones, R.M., Galang, I.M., Tolin, L.A. (2017a). Quantitative restriction on rice imports: Issues and alternatives. PIDS Policy notes No. 2017-07. Available online: <a href="https://pidswebs.pids.gov.ph/CDN/PUBLICATIONS/pidspn1707.pdf">https://pidswebs.pids.gov.ph/CDN/PUBLICATIONS/pidspn1707.pdf</a>. Accessed on: [09 February 2018].
- Briones, R., Antonio, E., Habito, C., Porio, E., Songco, D. (2017b). Strategic review: Food energy and nutrition in the Philippines. Brain Trust, Inc.
- Centre for Research on the Epidemiology of Disasters & United Nations Office for Disaster Risk Reduction (CRED & UNISDR). (2015). The Human Cost of Weather-Related Disasters 1995-2015.
- Chamie, J. (2017). The Rise of One-Person Households. Available online: <a href="http://www.ipsnews.net/2017/02/the-rise-of-one-person-households/">http://www.ipsnews.net/2017/02/the-rise-of-one-person-households/</a>. Accessed on [22 December 2017].
- Clapp, J. (2015). Food security and international trade: Unpacking disputed narratives. Rome: Food and Agriculture Organization.
- Commission on Filipinos Overseas (CFO). (2013). Stock estimates of overseas Filipinos. Available online: <a href="http://www.cfo.gov.ph/downloads/statistics/stock-estimates.html">http://www.cfo.gov.ph/downloads/statistics/stock-estimates.html</a>. Accessed on [07 February 2018]
- Cororaton, C.B. (2004). Rice Reforms and Poverty in the Philippines: A CGE Analysis. ADB Institute Discussion Paper No. 8:1-34.
- Dawe, D. (2014). Rice self-suffciency: nature vs. nurture. In D. Dawe, S. Jaffee, & N. Santos Rice in the shadow of skyscrapers. Rome: Food and Agriculture Organization.



- Dawe D.C., Moya, P.F., Casiwan C.B. (2006). Why does the Philippines import rice? Manila (Philippines): International Rice Research Institute and Science City of Muñoz (Philippines): Philippine Rice Research Institute
- Department of Trade and Industry (DTI). (2018). Free Trade Agreements. Available online: <a href="http://www.dti.gov.ph/15-main-content/dummy-article/682-free-trade-agreements">http://www.dti.gov.ph/15-main-content/dummy-article/682-free-trade-agreements</a>. Accessed on [31 January 2018]
- Drewnowski, A., & Darmon, N. (2005). The economics of obesity: dietary energy density and energy cost. The American Journal of Clinical Nutrition. 82(1 Suppl):265S-273S
- Ericksen, P.J. (2008). Conceptualizing food systems for global environmental change research. Global Environmental Change 18: 234–245
- Executive Order (EO) no. 23. (2017). Extending The Effectivity Of The Most-Favoured-Nation Rates Of Duty On Certain Agricultural Products Under Republic Act No. 10863, Otherwise Known As The Customs Modernization And Tariff Act, And The Other Philippine Commitments Under The World Trade Organization Decision On Waiver Relating To Special Treatment For Rice Of The Philippines
- Ferrer, R. B. & Cabangbang, R.G. (2012). Non-international armed conflicts in the Philippines. *International Law Studies*. 88: 263-278.
- Food and Agriculture Organization (FAO). (2018a). FAO Food Price Index. Available online: <a href="http://www.fao.org/worldfoodsituation/foodpricesindex/en/">http://www.fao.org/worldfoodsituation/foodpricesindex/en/</a>. Accessed on [27 December 2017].
- Food and Agriculture Organization. (FAO). (2017b). Emissions intensities. Available online: <a href="http://www.fao.org/faostat/en/#data/EI">http://www.fao.org/faostat/en/#data/EI</a>. Accessed on [20 October 2017].
- Food and Agriculture Organization (FAO). (2015b). The Impact of Disasters on Agriculture and Food Security. p. 28. Rome: FAO UN
- Food and Agriculture Organization (FAO). (2013). The State of Food and Agriculture. Food Systems for Better Nutrition. Available online: http://www.fao.org/docrep/018/i3300e/i3300e.pdf. Accessed on [27 December 2017]. Rome: FAO
- Food and Agriculture Organization (FAO). (2008b). Good Agricultural Practices. Available online: <a href="http://www.fao.org/prods/gap/index\_en.htm">http://www.fao.org/prods/gap/index\_en.htm</a>. Accessed on [09 February 2018]
- Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). (2015a). Philippine Nutrition Facts and Figures 2013: Dietary Survey. FNRI Bldg., DOST Compound, Bicutan, Taguig City, Metro Manila, Philippines
- Food and Nutrition Research Institute-Department of Science and Technology (FNRI-DOST). (2015b). Philippine Nutrition Facts and Figures 2013: Anthropometric Survey. FNRI Bldg., DOST Compound, Bicutan, Taguig City, Metro Manila, Philippines.
- Food and Nutrition Research Institute Department of Science and Technology (FNRI-DOST). (2015c). Philippine Nutrition Facts and Figures 2013: Overview. FNRI Bldg., DOST Compound, Bicutan, Taguig City, Metro Manila, Philippines.



- Mishkin, F. S. (2011). Over the Cliff: From the subprime to the global financial crisis. *Journal of Economic Perspectives*, 25, 49–70.
- Mopera, L.E. (2016). Food loss in the food value chain: the Philippine agriculture scenario. Journal of Developments in Sustainable Agriculture. 11: 8-16.
- Mullie, P., Clarys, P., Hulens, M., & Vansant, G. (2010). Dietary patterns and socioeconomic position. European Journal of Clinical Nutrition, 64: 231–238.
- National Economic and Development Authority (NEDA). (2018). NEDA pushes for measures as inflation hits upper band of government target. Available online: <a href="http://www.neda.gov.ph/2018/02/06/neda-pushes-for-measures-as-inflation-hits-upper-band-of-govt-target/">http://www.neda.gov.ph/2018/02/06/neda-pushes-for-measures-as-inflation-hits-upper-band-of-govt-target/</a>. Accessed: [04 March 2018].
- National Economic and Development Authority (NEDA). (2017). The Philippine Development Plan 2017-2022. Available online: <a href="http://pdp.neda.gov.ph/wp-content/uploads/2017/01/PDP-2017-2022-07-20-2017.pdf">http://pdp.neda.gov.ph/wp-content/uploads/2017/01/PDP-2017-2022-07-20-2017.pdf</a>. Accessed on [04 March 2018]
- National Economic and Development Authority (NEDA). (2016). NEDA Releases Survey Results of Ambisyon Natin 2040. Available online: <a href="http://2040.neda.gov.ph/2016/07/21/neda-releases-survey-results-of-ambisyon-natin-2040/">http://2040.neda.gov.ph/2016/07/21/neda-releases-survey-results-of-ambisyon-natin-2040/</a>. Accessed on [27 December 2017].
- National Economic and Development Authority (NEDA). (2010). Mindanao Strategic Development Framework. 2010-2020. Available online: http://www.neda.gov.ph/wp-content/uploads/2013/10/MSDF\_finalforweb\_2010-2020.pdf. Accessed on [27 December 2017].
- National Solid Waste Management Commission (NSWMC). (2015). National Solid Waste Management Status Report (2008 2014). Available online: <a href="https://nswmc.emb.gov.ph/wp-content/uploads/2016/06/Solid-Wastefinaldraft-12.29.15.pdf">https://nswmc.emb.gov.ph/wp-content/uploads/2016/06/Solid-Wastefinaldraft-12.29.15.pdf</a>. Accessed on [27 December 2017].
- Organization for Economic Cooperation and Development (OECD). (2017). Agricultural Policies in the Philippines, OECD Publishing, Paris. Available online: <a href="http://www.oecd.org/countries/philippines/title-agricultural-policies-in-the-philippines-9789264269088-en.htm">http://www.oecd.org/countries/philippines/title-agricultural-policies-in-the-philippines-9789264269088-en.htm</a>. Accessed on [10 February 2018].
- Oxford Business Group. (2016). The Report: Philippines 2016. p. 237. London: Oxford Business Group
- Philippine Atmospheric, Astronomical, and Geophysical Services Administration (PAGASA). (2011). Climate Change in the Philippines. DOST-PAGASA: Quezon City.
- Philippine Statistics Authority (PSA). (2018d). Agricultural Imports: Quantity and Value. Available online: <a href="http://countrystat.psa.gov.ph/index.asp?cont=10&pageid=1&ma=G80TDVAI">http://countrystat.psa.gov.ph/index.asp?cont=10&pageid=1&ma=G80TDVAI</a>. Accessed on [07 February 2018].
- Philippine Statistics Authority (PSA). (2017d). National and Regional Consumption of Selected Agricultural Commodities in the Philippines. Volume 1. (pp 73, 74, 98).
- Philippine Statistics Authority (PSA). (2016c). 2015 Family Income and Expenditure Survey. Available online: <a href="https://psa.gov.ph/content/statistical-tables-2015-family-income-and-expenditure-survey">https://psa.gov.ph/content/statistical-tables-2015-family-income-and-expenditure-survey</a>. Accessed on [27 December 2017].
- Philippine Statistics Authority (PSA). (2016d). The Philippines in Figures 2016.



- World Bank Group (2018e). Philippines urbanization review: fostering competitive, sustainable and inclusive cities. Available online:
   http://documents.worldbank.org/curated/en/963061495807736752/pdf/114088-REVISED-PUBLIC-Philippines-Urbanization-Review-Full-Report.pdf. Accessed on: [09 February 2018]
- Philippine Statistics Authority (PSA). (2015a). Consumer Price Index in the Philippines. Available online: <a href="https://psa.gov.ph/content/consumer-price-index-philippines-2006100-2012-annual-report">https://psa.gov.ph/content/consumer-price-index-philippines-2006100-2012-annual-report</a>. Accessed on [07 February 2018].
- Philippine Statistics Authority (PSA). (2014b). A 142 Million Philippine Population by 2045? [Online] <a href="https://www.psa.gov.ph/content/142-million-philippine-population-2045">https://www.psa.gov.ph/content/142-million-philippine-population-2045</a>. Accessed [03 February 2017].
- Philippine Statistics Authority (PSA). (2014c). 2013 Survey on Overseas Filipinos. Available online: <a href="https://psa.gov.ph/content/2013-survey-overseas-filipinos">https://psa.gov.ph/content/2013-survey-overseas-filipinos</a>.
   Accessed on [07 February 2018].
- Philippine Statistics Authority (PSA). (2013a). 2012 Family Income and Expenditure Survey. Available online: <a href="https://psa.gov.ph/content/2012-fies-statistical-tables">https://psa.gov.ph/content/2012-fies-statistical-tables</a>. Accessed on: [27 December 2017].
- Republic Act 10068. (2010). An Act Providing For The Development And Promotion Of Organic Agriculture In The Philippines And For Other Purposes. Available online: <a href="http://www.officialgazette.gov.ph/2010/04/06/republic-act-no-10068/">http://www.officialgazette.gov.ph/2010/04/06/republic-act-no-10068/</a>. Accessed on [27 October 2017].
- Republic Act 10601. (2013). An Act Promoting Agricultural And Fisheries Mechanization Development In The Country. Available online: <a href="http://www.officialgazette.gov.ph/2013/06/05/republic-act-no-10601/">http://www.officialgazette.gov.ph/2013/06/05/republic-act-no-10601/</a>. Accessed on [22 December 2017].
- Republic Act 9803. (2009). An Act To Encourage The Donation Of Food For Charitable Purposes. Available online: <a href="http://www.officialgazette.gov.ph/2009/11/20/republic-act-no-9803/">http://www.officialgazette.gov.ph/2009/11/20/republic-act-no-9803/</a>. Accessed on [22 December 2017].
- Rispens-Noel, L. (2008). Roundtrip: Bansalan-Holland: Migrant Remittances: Revisited. From: Mindanews. Available online: <a href="http://www.mindanews.com/c46-roundtrip-bansalan-holland-by-leila-rispens-noel/2008/01/roundtrip-bansalan-holland-migrant-remittances-revisited-by-leila-rispens-noel/. Accessed on [08 February 2018].
- Romano, D., & Traverso, S. (2017). Disentangling the effect of international migration on household food and nutrition security. Italy: DISEI Università degli Studi di Firenze.
- Rothenberg, E., & Wendin, K. (2015). Texture modification of food for elderly people. In Modifying food texture: sensory analysis, consumer requirements and preferences. 2:163–185. Cambridge: Woodhead Publishing (Elsevier). Available online: <a href="http://urn.kb.se/resolve?urn=urn:nbn:se:hkr:diva-14421">http://urn.kb.se/resolve?urn=urn:nbn:se:hkr:diva-14421</a>. Accessed on [07 February 2018].
- Funami, T. (2016). The formulation design of elderly special diets. Journal of Texture Studies. 47: 1745-4603.



- Rufino, C.C. (2015). The pattern of consumption for food away from home (FAFH) of Filipino households during the modern era. Available online: <a href="http://www.dlsu.edu.ph/conferences/dlsu">http://www.dlsu.edu.ph/conferences/dlsu</a> research congress/2015/proceedings/FNH/016FNH\_RufinoCC.pdf. Accessed on: [09 February 2018].
- Saloma, C. & Akpedonu, E. (2016). Eating in vertical neighbourhoods. Food consumption practices in Metro Manila condominiums. In M. Sahakian, C. Saloma, & S. Erkman (eds) Food Consumption in the City. Practices and Patterns in Urban Asia and the Pacific. London: Routledg
- Schrader, C. (2017). WorldRiskReport analysis and prospects 2017. Bündnis Entwicklung Hilft: Berlin.
- Social Weather Stations (SWS). (2018). Fourth Quarter 2017 Social Weather Survey: Hunger among families rises to 15.9%; Moderate Hunger 12.2%, Severe Hunger 3.7%. Available online: <a href="https://www.sws.org.ph/swsmain/artcldisppage/?artcsyscode=ART-20180122113930">https://www.sws.org.ph/swsmain/artcldisppage/?artcsyscode=ART-20180122113930</a>. Accessed on [06 March 2018].
- Stancu, C., & Smith, A. (2006). Eco-labels: a short guide for New Zealand producers. Manaki Whenua, Landcare Research.
- Strachan, A.L. (2015). Conflict analysis of Muslim Mindanao. (Rapid Literature Review). Birmingham, UK: GSDRC, University of Birmingham.
- The Nielsen Company. (2017). Metro Manila consumers are your lunch and snacking crowd. Available online: <a href="http://www.nielsen.com/ph/en/insights/news/2017/metro-manila-consumers-are-your-lunch-and-snacking-crowd.html">http://www.nielsen.com/ph/en/insights/news/2017/metro-manila-consumers-are-your-lunch-and-snacking-crowd.html</a>. Accessed on: [28 February 2018].
- Southeast Asian Regional Center for Graduate Study and Research in Agriculture (SEARCA). (2014). Smuggling of selected agricultural commodities in the Philippines.
- Philippine Statistics Authority (PSA). (2015b). The Philippines in Figures. Accessible online: <a href="https://psa.gov.ph/sites/default/files/2015%20PIF">https://psa.gov.ph/sites/default/files/2015%20PIF</a> 0.pdf. Accessed on [07 February 2018].
- The Nielsen Company. (2015). Search for healthier options. Available online: <a href="http://www.nielsen.com/ph/en/insights/reports/q2-2015/we-are-what-we-eat1.html">http://www.nielsen.com/ph/en/insights/reports/q2-2015/we-are-what-we-eat1.html</a>. Accessed on [22 December 2017].
- The Nielsen Company. (2014). Filipinos flock to fastfood restaurants and convenience stores to get their meals. Available online: <a href="http://www.nielsen.com/ph/en/insights/news/2014/filipinos-flock-to-fastfood-convenience-stores-to-get-meals.html">http://www.nielsen.com/ph/en/insights/news/2014/filipinos-flock-to-fastfood-convenience-stores-to-get-meals.html</a>. Accessed on: [22 December 2017].
- von Grebmer, K., Fritschel, H., Nestorova, B., Olofinbiyi, T., Pandya-Lorch, R., & Yohannes, Y. (2008). The Challenge of Hunger 2008. Washington: International Food Policy Research Institute (IFPRI).
- United Nations (UN). (2015b). Trends in international migration, 2015. Population Facts, No. 2015/4, December 2015. New York, USA, UN-DESA.
- United Nations, Department of Economic and Social Affairs, Population Division (UN DESA). (2014). World Urbanization Prospects: The 2014 Revision, Highlights (ST/ESA/SER.A/352).
- United Nations Population Fund (UNFPA). (2012). Country implementation profile: Philippines. *International Conference on Population and Development (ICPD) Beyond 2014*. Available online: <a href="https://www.unfpa.org/sites/default/files/resource-pdf/FINAL">https://www.unfpa.org/sites/default/files/resource-pdf/FINAL</a> Philippines.pdf. Accessed on [21 December 2017].



- United Nations High Commissioner for Refugees (UNHCR). (2017). Armed confrontations and displacement in Marawi (AFP vs Pro-ISIS). IDP Assessment Report Issue No. 6: 1-10.
- United States Environmental Protection Energy (US EPA). (2016). Glossary of climate change terms. Available online: https://www3.epa.gov/climatechange/glossary.html. Accessed on: [22 December 2017].
- United States Department of Agriculture Foreign Agricultural Service (USDA FAS). (2016). Philippine rice quantitative restrictions to expire in 2017. Global Agricultural Information Network Report Number 1612.
- Weber, C., & Matthews, H.S. (2008). Food-miles and the relative climate impacts of food choices in the United States. *Environment Science and Technology*. 42: 3508-3513.
- Wiesmann, D., Sost, A.K. & Schöninger, I., Dalzell, H., Kiess, L., Arnold, T. & Collins, S. (2007). The Challenge of Hunger 2007. Global Hunger Index: Facts, determinants, and trends. Measures being taken to reduce acute undernourishment and chronic hunger. Washington: International Food Policy Research Institute (IFPRI).
- World Bank Group. (2018a). Pump price for gasoline (US\$ per liter). Available online: <a href="https://data.worldbank.org/indicator/EP.PMP.SGAS.CD">https://data.worldbank.org/indicator/EP.PMP.SGAS.CD</a>. Accessed [05 February 2018].
- World Bank Group. (2018b). Pump price for diesel fuel (US\$ per liter). Available online: <a href="https://data.worldbank.org/indicator/EP.PMP.DESL.CD">https://data.worldbank.org/indicator/EP.PMP.DESL.CD</a>. Accessed on [05 February 2018].
- World Bank Group. (2017). Personal remittances, received (% of GDP). Available online: <a href="https://data.worldbank.org/indicator/BX.TRF.PWKR.DT.GD.ZS?locations=PH&view=chart">https://data.worldbank.org/indicator/BX.TRF.PWKR.DT.GD.ZS?locations=PH&view=chart</a>. Accessed on [08 February 2018].
- World Resources Institute (WRI). (2015). Infographic: what do your country's emissions look like? Available online: <a href="http://www.wri.org/blog/2015/06/infographic-what-do-your-countrys-emissions-look">http://www.wri.org/blog/2015/06/infographic-what-do-your-countrys-emissions-look</a>. Accessed on [22 December 2017].
- World Trade Organization (WTO). (2018a). Philippines and the WTO. Available online: <a href="https://www.wto.org/english/thewto">https://www.wto.org/english/thewto</a> e/countries e/philippines e.htm. Accessed on: [02 February 2018].
- World Trade Organization (WTO). (2018b). Understanding the WTO Agreement on sanitary and phytosanitary measures. Available online: https://www.wto.org/english/tratop\_e/sps\_e/spsund\_e.htm. Accessed online [03 February 2018].
- World Wide Fund (WWF). (2017). The Sustainable Diner Inception Launch. <a href="https://wwf.org.ph/what-we-do/food/thesustainablediner/">https://wwf.org.ph/what-we-do/food/thesustainablediner/</a>. Accessed on [27 December 2017].



# THANK YOU FOR LISTENING.